

# NATIONAL SERVICE SCHEME NOT ME BUT YOU



# ANNUAL REPORT 2019-2020



**Program Coordinators:**  
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## ABOUT NATIONAL SERVICE SCHEME

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The **National Service Scheme (NSS)** is an Indian government-sponsored public service program conducted by the Department of Youth Affairs and Sports of the Government of India. Popularly known as NSS, the scheme was launched in Gandhiji's Centenary year, 1969. Aimed at developing a student's personality through community service, NSS is a voluntary association of young people in Colleges, Universities and at the +2 level in working for a better and improved campus-community linkage.

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## NSS HISTORY

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National Service Scheme (NSS), was launched by the Ministry of Education and Culture, Govt. of India, in **Mahatma Gandhi's Birth Centenary Year 1969**, in collaboration with 37 Universities involving 40,000 students with a primary focus on the development of personality of students through community services. Mahatma Gandhi always insisted on the idea that students as youths should be involved in the nation-building process and service of the nation. He suggested that instead of undertaking academic research about economic and social disability, the students should do "something positive so that the life of the villagers might be raised to a higher material and moral level." Gandhiji insisted that the first duty of the students should be, not to treat their period of study as one of the opportunities for indulgence in intellectual luxury, but for preparing themselves for final dedication in the service of those who provided the sinews of the nation with the national goods & services so essential to society. Therefore, fostering social responsibility, inculcating dedication, commitment to solving social problems and developing a personality through community service are the main aims of NSS. Today NSS has grown as one of the most prominent social service institutions and youth movements in the world with more than 38 lakhs of dedicated volunteers all over the country.

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## NSS OBJECTIVES AND AIMS

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The broad objectives of NSS are to

- **Understand the community** in which they work
- Understand themselves in **relation to their community**
- **Identify the needs and problems** of the community and involve them in the problem-solving process
- Develop among themselves a **sense of social and civic responsibility**
- Utilize their knowledge in **finding a practical solution** to individual and community problems
- **Develop the competence** required for group living and sharing of responsibilities
- **Gain skills** in mobilizing community participation
- **Acquire leadership** qualities and a democratic attitude
- **Develop the capacity** to meet emergencies and natural disasters and
- **Practice national integration and social harmony.**

In short, NSS aims to inculcate social service in the student for the welfare of the humanity, sharing their services to society without bias and enhancing their standard of living while leading a life of dignity.

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## **ABOUT NSS-NCU CHAPTER**

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The National Service Scheme (NSS) has been in operation in The NorthCap University since October 2015. Ministry of Youth Affairs and Sports Government of India has vide their letter no. F.No P/14/NSS/RCD/112 dated 20 Feb 2015 accorded sanction to open Self Financing University (1 unit consist of 50-100 volunteers). National Service Scheme (NSS) is a platform where students get the opportunity to directly interact with society. NSS NCU Chapter facilitates a space for the student to pursue real issues in our country. Students should have some duties towards society or the nation from where they harmonize. It is also an exercise of learning when students visit ground zero or serve personally. So, NSS NCU Chapter is that platform which facilitates opportunities to do for society, and at the time they acquire diverse knowledge. There is a great role of the youth, particularly young-educated person to society and nation-building. They have huge potential and enthusiasm to dedicate themselves to reform, improvement. The real success of the learning is to apply gained knowledge, and NSS NCU Chapter symbolizes for the same. NorthCap University contributes to diverse fields, especially by its academic excellence. Besides these, NCU contributes to the field of upliftment of society. NSS NCU Chapter, consisting of a group of passionate students those who sincerely want to work for society, especially for the needy people of the society. They have been working within the campus and outside campus. Students of NCU are well known for their unique and innovative ideas, and NSS unit of the university is a gestation field of plurality. Students from different parts of the nation, different upbringings and different disciplines came on such a platform where they can savvy the issue of underprivileged people. Their life lessons, management skills can be utilized in the field of social services. The fundamental objective of the NSS is to arouse and enrich the social consciousness of students. The scheme is intended to provide an opportunity to students to engage in constructive social action, programs, develop co-operative team spirit and gain skills in democratic leadership quality. The Unit has been organizing activities related to social problems widely.

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## **NSS NCU CHAPTER ACTIVITIES**

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There are some remarkable social service activities done by the NSS NCU Chapter. For instance, Blood Donation Camps with collaboration with Rotary; Village Adoption Project (Adopted 2 villages and 4 government schools) focusing on education of children and awareness development among poor section of the village; Stationery Collection and distribution to the poor people and recently organised Residential Camp, an annual 3 days event organised by the NSS NCU Chapter in the adopted village Abheypur, Sohna, Gurugram which develops the courage to face failure and strive to achieve success with determination in volunteers.

The NSS unit also works in village areas including the Swachh Bharat initiatives. Tree plantation program was one step forward to make the earth greener and sustainable which was organised on the 24th September 2019 that was marked as the NSS Day. This may contribute towards not the only betterment of human society but multifariousness as well. Besides, these NSS-NCU Chapter has some future projects, has various future projects namely 'Education, Skills and Digital Empowerment'; Waste Management, 'Health and Drugs Awareness Program'; Betterment of Govt. School Project in Gurgaon'; 'BHONDSI Jail Project'; and Old Age Home Project' etc. These future projects on various levels will grow up with the span of time. If the valuable time of the students (volunteers) benefit society that will be the real success of NSS-NCU Chapter.

**NSS NCU CHAPTER is in the process of extending hands in various projects such as:**

- **Skilled Literacy Program** (Start-Up India Campaign)
- **Swachh Bharat Abhiyan**
- **Developing and assisting teaching/learning infrastructure in all the adopted Government Schools**
- **Career Counselling to the students of our adopted govt. school**
- **Social Rehabilitation of Inmates in Jail** (Bhondsi Jail Project)
- **Awareness to donate blood and organs**

## ❖ EDUCATION DRIVE

DATE: APRIL 11<sup>th</sup>, 2019

VENUE: GSSS, SARHAUL VILLAGE, GURUGRAM

**AIM:** To promote education and the awareness to be spread among the underprivileged. NSS team went to a government school in Sarhual village, Gurugram where students were given a great exposure to different subjects related to different aspects of life and also volunteers created awareness about why child labour is unethical by emphasizing on the importance of education in life.



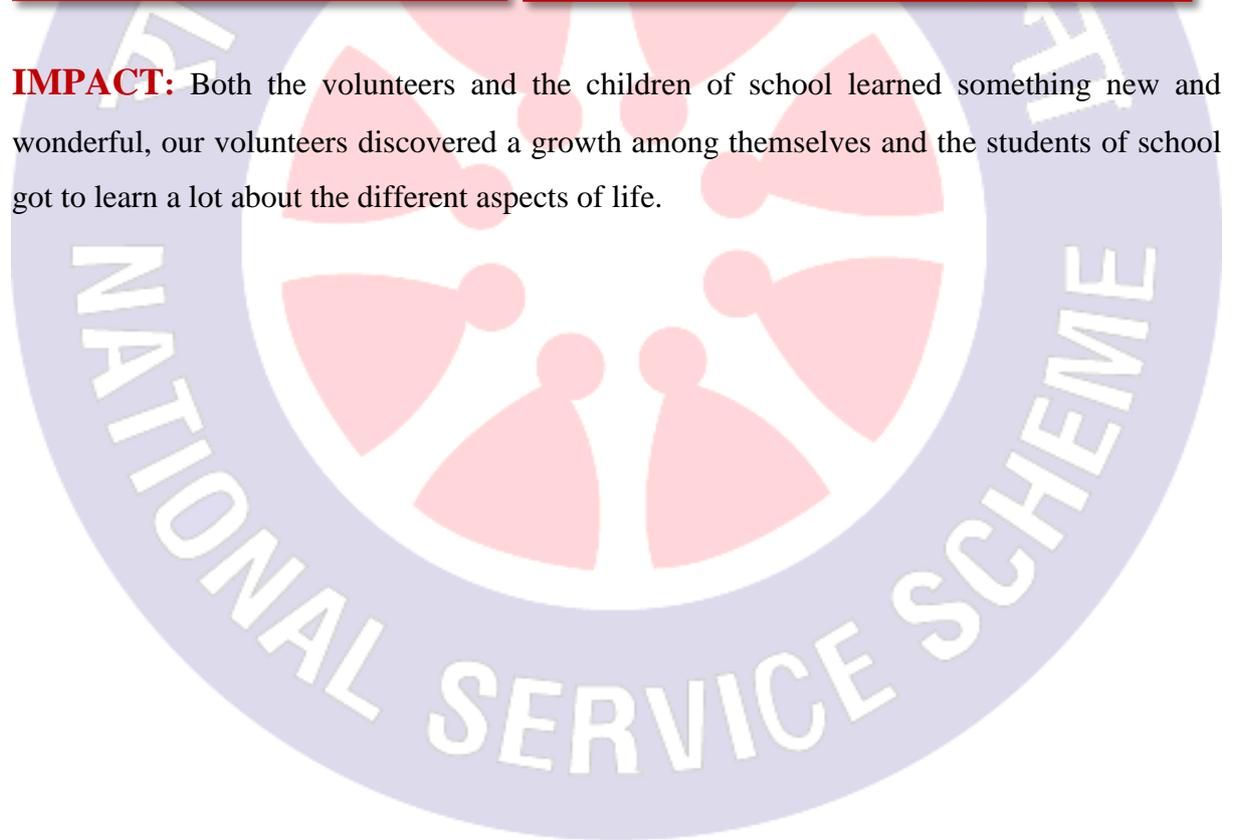
**ABOUT THE EVENT:** Various activities were conducted like cleanliness drive, to teach them about how the cleanliness is important for all of us, to make them aware about the “Policies” that our PM is introducing for the benefit of Nation; dream drawing competition was also organized to make them understand why it is important to dream and take step to fulfill it and best out of waste competition was organized to teach them to reuse waste could be a good idea and some Do it by yourself hacks of life were also taught with the basic good manners that everyone should follow for betterment of oneself and the society. Other activities were also conducted by the volunteers like Nukkad natak, songs performances, dance, quiz etc to ensure that they do not forget this wonderful educational drive cum trip.



It all aimed at the endeavor is to be seen as an investment in building the foundation for lifelong learning of education, promoting human excellence as well as promoting social cohesion, national integration and global unity.



**IMPACT:** Both the volunteers and the children of school learned something new and wonderful, our volunteers discovered a growth among themselves and the students of school got to learn a lot about the different aspects of life.



## ❖ EDUCATION DRIVE

**DATE: APRIL 11<sup>th</sup>, 2019**

**VENUE: GOVERNMENT MIDDLE SCHOOL, SECTOR-14,  
GURUGRAM**

**AIM:** The aim of NSS-NCU is to provide hands on experience to young students in delivering community service and gain exposure and experience which develops character and personality.



**ABOUT THE EVENT:** The NCU Chapter of **National Service Scheme (NSS)** organised an **Education Drive** on **11 April, 2019, Thursday**. 25 NSS Volunteers joined in the drive which was orchestrated in the sector-14 government middle school. The equivalent of more than 200 million school years are lost each in low income countries as a result of ill health, and the impact on learning. We coordinated with the principal and school teachers. After getting assigned to the classes We got an opportunity to interconnect with charming students. We pioneered an ice breaking session with the students. Further covered a wide array of topics like Communication Skills for 6th-8th class we explained then the importance of communication and also taught them how they can improve & work in their fluency, Opening of Bank Accounts and various government policies for students; the scholarships that are provided by the government for students that will assist them for their further studies, Facts about Human Body, Personality development we taught them how to speak in front of large public with confidence or how to talk with confidence about the body language etc. to uplift their knowledge about different new topics of the society; that will assist them in their future. For smaller classes we initiated an art & craft session which was a fun session in which we contributed all the supply of art and craft. Followed by an incentivized drawing competition on the topics that has been introduced by the volunteers among the students; we gave them all the required supplies for the same. We held a small ceremony for the result of

the drawing competition where the champ was also awarded with the goodies. Volunteers also encouraged enthusiastic students to showcase their talents. All the students were very cooperative and eager to learn new things. They were well mannered and well dressed. All the volunteers also adored the experience and looked forward to work for the betterment of the society. At last we took photographs with the principal, teachers & students.



**IMPACT:** All the students enjoyed this experience; they gained knowledge about new topics and are motivated to participate to show their talents. They gave positive feedback. It was an enriching experience for both the volunteers and students.

## ❖ EDUCATION DRIVE

DATE: APRIL 11<sup>th</sup>, 2019

VENUE: GSSS, DUNDAHERA VILLAGE, GURUGRAM

**AIM:** Share the importance of education among the young generations of villages.



**ABOUT THE EVENT:** Education is the backbone of success. It lifts a man from ignorance and teaches him to be self-sufficient. Unfortunately India's literacy rate is just 69.1%, that too the urban population plays a major role while the rural remain shroud in the darkness of ignorance. Therefore, NSS \_ NCU has organised a school visit was organised in SBY Government School, dhundhera on 11<sup>th</sup> April 2019 to make the public aware of the benefits of education and the career opportunities after school life. Different group activities like poster making, singing and dancing were performed to make students realise and enhance their skills. All those who won in such activities were given prizes which helped them to encourage and involve in these activities more. They were all given lessons on different sports activities, morals and fundamentals of Vedic maths, etc. We have also urged students to work hard and encouraged them in personal development which will stand them out from the crowd. Th education drive has always been an interesting and informative not only for the children of school but also for us to understand the nature and interest of upcoming children.

**IMPACT** – The school students were made familiar with NSS\_NCU volunteers and shared their thoughts and interest about their upcoming career and were guided about better use of the future opportunities and they also have inculcated their hobbies within them and used these hobbies in many competitions, functions and events their school has performed.

❖ **CLUB FIESTA-2019**

**DATE: JULY 25<sup>th</sup> AND 26<sup>th</sup> , 2019**

**VENUE: THE NORTHCAP UNIVERSITY CAMPUS**

**AIM:** The aim of fiesta was to introduce 2019 batch of students with different clubs and societies of university. Volunteers also explained them how NSS helps students to grow individually and as a group.



**ABOUT THE EVENT:** The NCU Chapter of National Service Scheme (NSS) installed a stall on 25<sup>th</sup> and 26<sup>th</sup> July to introduce students with NSS club of the University. NSS Volunteers installed the stall and Volunteers worked in different slots. Volunteers installed the desks and made it ready with a flex and different posters to convey a message what NSS is all about like NSS teaches us to identify problems in the economy and involve to solve them.

The desk was ready by 2pm. After 2pm, the induction process started. The students started coming and were excited to know about the club. How it works, How will it impact their personal life and many more. The volunteers introduced NSS club to the freshers, answered their questions, and made them aware about our motto, mission. Vision and goal of the society. The induction process ended at around 4 pm and we got around 120 entries of the students who were interested to become a member of NSS NCU Chapter and hence contribute towards the society in their own way.



MOTTO-The Motto of NSS "Not Me But You", reflects the essence of democratic living and upholds the need for self-less service

Goals in the society-

- Understand the community in which they work
- Understand themselves in relation to their community
- Identify the needs and problems of the community and involve them in problem-solving
- Develop among themselves a sense of social and civic responsibility
- Acquire leadership qualities and democratic attitudes

**IMPACT:** Students were aware about NSS ( National Service Scheme) ;We got 120 entries of students who were interested to be part of NSS and bring a change in society.

## ❖ INDUCTION PROGRAMME

**DATE: JULY 25<sup>th</sup>, 2019**

**VENUE: SARHAUL VILLAGE**

**AIM:** The aim of this event was to spread awareness about Swachh Bharat Abhiyan among the villagers and students to tell them about the importance of cleanliness and hygiene. One more aim of this event was to aware the fresher's about NSS NCU Chapter, so they could know about NSS NCU Chapter and its activities.



**ABOUT THE EVENT:** The event was conducted in 2 slots i.e, Choma and sarhaul village, according to the venue and timings of their visit. So the students of NSS and the fresher's were divided into 2 slots. Slot 1 students reached the venue (choma) at around 12 pm and conducted a rally based on cleanliness and made the people aware about the importance of cleanliness. Then we visited the village schools and made the students aware about the importance of cleanliness by performing nukad natak and by showing them posters on cleanliness and we also encouraged them to be clean and make their surroundings clean. we also told them about the Swachh Bharat Abhiyan launched by our Prime Minister Mr. Narendra Modi on 2<sup>nd</sup> October,2014. We then visited local markets and interacted with the shopkeepers and other people to know their views about the cleanliness in their area we asked them to fill a survey based on the cleanliness in their surroundings and asked them the problems they are facing, then we took the initiative of cleaning the surroundings of the villages and the fresher's also joined us in this noble cause. The students and the volunteers actively participated in the cleanliness drive and cleaned the surroundings properly. Everybody enjoyed this event and felt a sense of joy and happiness after the event even the

fresher's actively participated and were very happy and enjoyed the event. Then we went back to college with a smile on our faces and satisfaction in our hearts. we reached the college at around 4 pm .



**IMPACT:** The drive was a huge success. Despite being a very normal event, the waves it sent could still be seen. The drive educated the not only the students of the school but also the university students about Swachh Bharat Abhiyan and taught them about waste segregation and better utilization of waste. Adding to this was the eradication of open defecation as the students and faculty alike got to know how what goes around comes around in the form of diseases for us.

## ❖ INDUCTION PROGRAMME

**DATE: JULY 26<sup>th</sup>, 2019**

**VENUE: CHOMA VILLAGE**

**AIM-** The aim of this event was to spread awareness about Swachh Bharat Abhiyan among the villagers and students and tell them about the importance of cleanliness and hygiene. One more aim of this event was to aware the fresher's about NSS NCU Chapter, so they could know about NSS NCU Chapter and its activities.



**ABOUT THE EVENT-**The event had a dual motive :-

1. To ensure proper cleanliness in the village adopted by NSS NCU chapter and to make the village people aware about the importance of cleanliness and hygiene.
2. To make the fresher's aware about NSS NCU Chapter and its activities. The NCU Chapter of National Service Scheme (NSS) organized an Induction program on 24 July-26 July 2019. The students and the fresher's reached the venue and administered a rally on the importance of cleanliness. We then visited village schools and made the students aware about the significance of cleanliness. We then also narrated them about the Swachh Bharat Abhiyan launched by our Hon. Prime minister Mr. Narendra Modi on 2<sup>nd</sup> October, 2014. . We inspired them to keep their surroundings clean by striking the pros and cons . We attracted their attention towards us through posters made by our creativity team, street play conducted by the cultural team and also asked people to fill questionnaires about the cleanliness in their area. This also exhibited to freshers, the mechanism of how NSS and it's different teams work together to make an event successful. The NSS (National Service Scheme) is an Indian Government sponsored public service program conducted by the Ministry of Youth Affairs

and Sports of the Government of India. The NSS society at NCU believes in working for the welfare of society and takes several attempts to make this world a better place to live in. Our motto is “NOT ME BUT YOU”. Keeping in mind the Motto of NSS We then visited local markets and interacted with the shopkeepers and other people to know their views about the cleanliness in their area and discuss their problems with us. After the performances, we took the initiative of cleaning the surroundings of the villages and the fresher’s also joined us in this noble cause. The students and the volunteers actively participated in the cleanliness drive and cleaned the surroundings properly. The students and the volunteers actively come forward in the cleanliness drive and cleaned the surroundings properly.

Apart from this, The NCU Chapter of National Service Scheme (NSS) organized a stall to introduce students with the NSS club of the University. On 25<sup>th</sup> July and 26<sup>th</sup> July 2019, NSS Volunteers arranged the stalls. Volunteers worked in different slots. Volunteers installed the desks and made it ready with a flex and different posters to convey a message what NSS is all about. The volunteers introduced NSS club to the fresher’s and made them aware about our motto, mission and goal in the society. At the end of this process we got around 120 entries of the students who were interested to become a member of NSS society and hence contribute towards the society in their own way.



**IMPACT-** We were successfully able to convey the message of swachh bharaat abhiyan and cleanliness with our volunteers and the fresher’s who took part. We were able to exhibit to fresher’s, the mechanism of how NSS and its different teams work together to make an event successful. We were happy to welcome the new volunteers of NSS NCU chapter family.

❖ **JAL SHAKTI ABHIYAN**

**DATE: SEPTEMBER 12<sup>th</sup>, 2019**

**VENUE: THE NORTHCAP UNIVERSITY AND SEC-23  
MARKET**

**AIM:** The event aims to spread awareness regarding effective and efficient use of water in a sustainable manner.



**ABOUT THE EVENT:** With a focus on majorly 5 aspects the “Jal Shakti Abhiyan” was conducted on September 12, 2019 . The aspects were water conservation and rainwater harvesting, renovation of traditional and other water bodies, reuse of water and recharging of structures, watershed development, intensive afforestation and Drinking Water Sanitation Scarcity.



The event was conducted within the college premises as well as in the market of Sector 23A. The cultural team of NSS had prepared a street play that aimed to provide a message to the audience regarding the significance of water conservation, sustainable use of water and saving it for the future generations . The objective was to make the viewers realise the fact that if water not used in a proper and suitable way, it may become something that may harm

the effectual growth of our future generations. The play was firstly conducted within the college ground in front of Vice Chancellor Prof. H B Raghuvendra , the Registrar Retd. Colonel Bikram Mohanty , other faculty members and the college students . The team was applauded and greatly appreciated by the audience . The event was proceeded when the cultural team along with the NSS volunteers went to spread consciousness among the shopkeepers and other people in the market . After making the street play happen and gaining the attention of people nearby , the team interacted with them . A survey was conducted that included a certain list of questions like – “What are your respective views on effective use of water” , “Is the quality of water available in your locality good enough” , “Do you have any techniques like Rain Water harvesting available in your areas” etc. Apart from the survey the team talked to the audience and tried their level best to spread knowledge regarding saving water, monitor water levels and making sure that the quality of water supplied to them was good.

**IMPACT:** The event was a huge success. The applauses and appreciation our team got was preciously enough to depict the fact that the team was successful in spreading awareness amongst the people. The active participation of people in the market in the survey added on stars to motive of the event . Our team concluded the fact that though most of the people were conscious regarding maintainable use of water, some of them still used water in an unproductive manner. But with the help of our volunteers NSS, NCU was able to make it to its best.

**❖ POSTER MAKING COMPETITION (JAL SHAKTI ABHIYAN)**  
**DATE: SEPTEMBER 12<sup>th</sup>, 2019**  
**VENUE: VICINITY OF UNIVERSITY**

**AIM:** To spread awareness about importance of water. Spreading a message through visualizations has a better impact as they are more eye catchy.



**ABOUT THE EVENT:** This event was organized to aware students about the water crisis faced in different parts of nation. Conserving water means using our water supply wisely and be responsible. As every individual depends on water for livelihood, we must learn how to keep our limited supply of water pure and away from pollution. With fun comes work and with work comes responsibility, this was magnified as the students worked in unison and with their artistic talent drew wonderful posters.

A total of 35 volunteers participated in this competition which was organized in the seminar hall of the university. Everybody was really enthusiastic about the competition. Every volunteer came with great ideas in their minds. Stationery items were provided to everyone to avoid any inconvenience. As soon as the competition started it was wonderful to see beautiful paintings and amazing slogans like “Jal Hai to Jeewan Hai”, “Save Water Save Life” etc. Meanwhile everyone interacted about how important water is as a resource for life and what on our level can we do to conserve water. We were overwhelmed with the many innovative ideas which came up to conserve water.

The number of student/volunteers participated in the competition were 35 out of which 5 posters were selected as the best ones which were by Palak Dhingra, Divya Gandhi, Himanshi Sharma, Rhythm and Rohan Sharma. The competition created the awareness among the students regarding water conservation, protection of environment and protecting water bodies and made them realise that it is a wakeup call for the world to start conserving water for ourselves and our future generations. Otherwise, that day would not be far enough where we would be facing a fatal scarcity of water.

The timely guidance and cooperation extended by college authorities gave a wide scope to conduct the activities successfully.



**IMPACT:** Through this competition we were indeed able to share and spread awareness. All the participants did research about the topic and they got to know about the importance of water. And also, after the competition the posters were pinned on boards throughout the university campus which attracted students and helped in spreading the awareness even more.

❖ **ADOPTION OF CHOMA AND DHUNDAHERA FOR ZERO ODF**

**DATE: SEPTEMBER 21<sup>st</sup>, 2019**

**VENUE: CHOMA and DUNDAHARA VILLAGE**

**AIM:** To adopt nearby villages and convert them into zero ODF zone.

**ABOUT THE EVENT:** NSS along with the MGNCRE Officer, DR. Shatrughan Bhardwaj appointed by MHRD took the surveys of both the villages regarding the cleanliness and sanitation management which they are experiencing and even we have seen the conditions of the washroom, after analysing whole of condition, we tried to make them available what all they needed regarding the sanitation management and keep their surroundings clean. In both the villages there were fewer washrooms as compared to people living there and the toilet water facility was also not good enough. Such, outcomes are send further to MHRD for permanent changes, on our end we had made a temporary adjustments for them, which can be utilised by them until government make any permanent changes.



**IMPACT:** Villagers have maintained proper sanitation management and are on the way to make it zero ODF.

**❖ ORIENTATION PROGRAMME FOR NEW VOLUNTEERS**  
**DATE: SEPTEMBER 24<sup>th</sup>, 2019**  
**VENUE: SEMINAR HALL**

**AIM:** To set in motion the Principles of NSS with the new volunteers, the heads, their works and duties & responsibilities.



**ABOUT THE EVENT:** On 24<sup>th</sup> August NSS NCU celebrated orientation day for new volunteers. We introduced new volunteers to the new core team of NSS for session 2019-20 and all the work society has done so far. The alumni of our college Yash Gupta, Naveen Goyal & Rohit Kaushal shared their experience and motivated everyone. They passed the legacy of NSS to president Arpil Sharma and vice president Pulkit Sharma.

The program started with a warm welcome to all the new NSS volunteers and the guests invited, who were alumni of NCU and former heads of NSS-NCU. To get hold of proposed upcoming activities for this term to the new NSS volunteers.

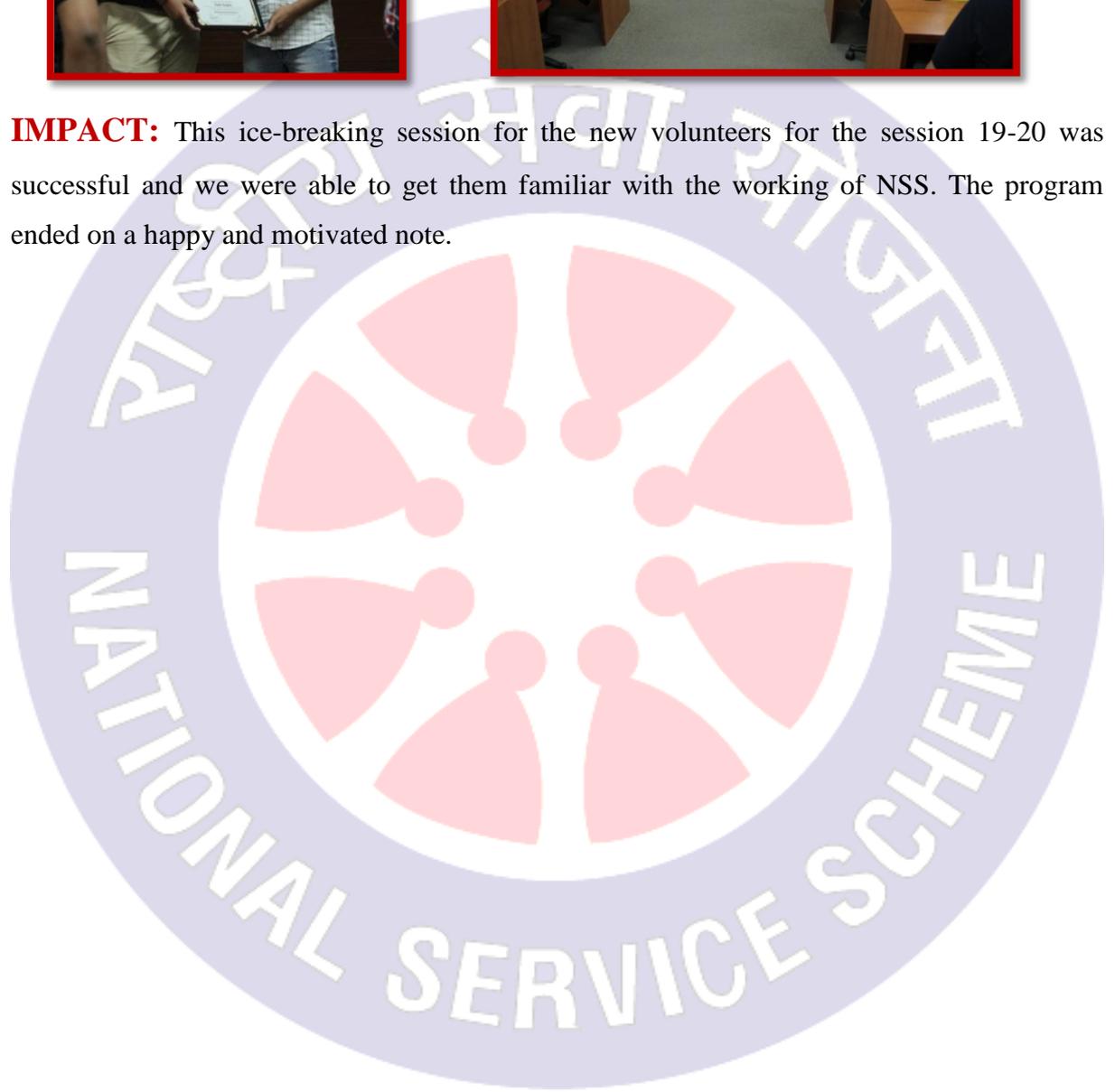
The volunteers were first brief about the meaning and responsibilities of NSS, after which they were informed about the upcoming activities for the semester. Then we introduced the new core team for the new academic year.

The stage was then offered to the guests of the day who shared their prior experience as a part of the society and how it helped to shape them in a better person and aid to perform their part civil & social responsibility towards the society.

To wind up the seminar, the guests recommended a few tips to balance college and personal life, which was followed by a plantation drive by new core members & volunteers.



**IMPACT:** This ice-breaking session for the new volunteers for the session 19-20 was successful and we were able to get them familiar with the working of NSS. The program ended on a happy and motivated note.



**❖ PLANTATION DRIVE ON THE OCCASION OF NSS DAY**  
**DATE: SEPTEMBER 24<sup>th</sup>, 2019**  
**VENUE: VICINITY OF UNIVERSITY**

**AIM:** For the new beginnings of the new academic year the plantation drive was organized to make new volunteers welcome to the society.



**ABOUT THE EVENT:** After the Orientation program was brought to an end, the new core team along with new volunteers were taken to an open ground near NCU for a plantation drive, wherein we planted 15 saplings which were priory procured by students. Plantation plays an important role in maintaining the balance in nature. It has a great impact on the environment by reducing incidences of global warming. We started with a note to start a new academic calendar year with new beginnings

**EACH ONE PLANT ONE!** With a mission to make the surrounding near NCU green and serene, NSS-NCU chapter decided to conduct a tree plantation drive on the occasion of NSS day. The main motive behind this plantation drive was to spread and create awareness among the students about the importance of planting trees.

The heads lead the volunteers to the ground where, after taking permission from the local gardener, we proceeded to aerate the ground one by one and sow the saplings. Then each volunteer adopted a sapling and proceeded to dig the ground and plant their own saplings. They also took responsibility to undertake to take care of their saplings till they turn into matured plants.

All the volunteers along with the NSS heads then proceeded to thank the gardener, asking him to also look after the plants in their behest if someday they are unable to visit. We all left in high spirits, knowing that we made a slight impact on the world for the better.



**IMPACT:** The enthusiastic participation of the student volunteers came out a big success. The students felt a sense of contentment and were very happy to serve the environment.

❖ **TEACHING AND GROUP ACTIVITIES IN ADOPTED VILLAGE UNDER AN INITIATIVE OF RIGHT TO EDUCATION BY NSS NCU CHAPTER**  
**DATE: SEPTEMBER 25<sup>th</sup>, 2019**  
**VENUE: CHOMA VILLAGE, PALAM VIHAR, GURUGRAM**

**AIM:** To understand the problem of the underprivileged children, develop the sense of responsibility and involve them in the problem-solving process.



**ABOUT THE EVENT:** NSS NCU team went to an anganwadi in one of our adopted village on 25<sup>th</sup> September 2019 along with all the stationery requirement of the children, which was told by the care taker prior to our visit. Story books, notebooks, pen and pencils etc. We did educate them about why education is important, good manners, child labour, Pocco act and told the stories of legends, freedom fighters. Our team played different games with them as to make the drive more interesting. To acknowledge them about the cleanness drive we had an activity related to that also.

NSS NCU Volunteers organized fun activates with them like dance and a few games. The preparation for this drive had began prior a month in our college. Our volunteers collected the stationery items from our college students. Volunteers distributed copies, pens, and pencils to the children and played games with them. The smile on their face cannot be expressed in words. Volunteers had also spoken with their parents to tell them the importance of education and why it is important for their children to attend it on regular basis. Also acknowledged them about the punishment involved for child labour.



**IMPACT:** Volunteers have developed the sense of responsibility, understood the problems of that community and working on the developing sustainable solutions.



❖ **MEGA CLEANLINESS DRIVE (Day-1) UNDER AN INITIATIVE OF SWACHTA PAKHWADA BY NSS-NCU**  
**DATE: OCTOBER 3<sup>rd</sup>, 2019**  
**VENUE: DUNDAHERA VILLAGE**

**AIM:** The primary objective of the Drive was to make school students aware about cleanliness, hygiene, and the motive of Swachh Bharat Abhiyan, as well as to conduct a cleanliness campaign in the visited school.



**ABOUT THE EVENT:** The Drive started with around 70 NSS Volunteers gathering at The NorthCap University Campus for a rally. The volunteers spread the message of “Hum sab ka ho ek hi naara, saafsuthra ho deshhumara” and “Ab sabko jaagnahai, gandgi ko door bhagaanahai.” The main motive of the rally was to spread awareness about the importance of sanitation and a clean environment among university students. All the volunteers had brooms, masks, gloves with them as they had a motto to clean the school premises and teach them the importance of cleaning.

The volunteers then proceeded towards The Government Senior Secondary School, Dundahera, where the Vice-Principal and school teachers greeted them. Once the school students and staff gathered in the assembly area, they were introduced to the volunteers by the Vice-Principal. The volunteers interacted with the students about Swachh Bharat Abhiyan, a nation-wide cleanliness campaign launched by our Prime Minister Shri Narendra Modi on the birth anniversary of mahatma gandhi. Then we had a good discussion with the students of school .

After the interactive session with the school students, NSS Volunteers presented the performance prepared by them . Firstly there was a singing participation by our NSS volunteers. First was a musical rendition of patriotic songs, followed by stellar dance performances and an enthralling nukkad-naatak. The nukkad-naatak revolved around delivering the powerful message of importance of cleanliness by stating examples and incidents that we experience in our daily lives. The school students performed as well to open up to the volunteers. Some students danced there and some students sung some songs as well.



After that all the volunteers along with the school students went to different class rooms and open areas which were untidy in their school campus .All the volunteers distributed masks and gloves to the school students so that they can start cleaning their classrooms with them. Then they collected all the garbage and collected it in use and throw bags. Within an hour and so , all the trash from the campus was cleaned. Campus was looking very neat and clean.

The vice principal and faculty members of school appreciated the noble work of NSS volunteers. At the last vice principal thanked all the volunteers for their hard-work and gave

promise to collaborate for further events in future and gave blessing to all our volunteers. Then at the last Pranav Goel and Rohan Sharma presented a memento to the vice principal.



**IMPACT:** The drive was a magnificent success. Despite being a very normal event, the waves it sent could still be seen. The drive educated the not only the students of the school but also the university students about Swachh Bharat Abhiyan and taught them about waste segregation and better utilization of waste. Adding to this was the eradication of open defecation as the students and faculty alike got to know how what goes around comes around in the form of diseases for us.

❖ **MEGA CLEANLINESS DRIVE (Day-2) UNDER AN INITIATIVE OF SWACHTA PAKHWADA BY NSS-NCU**  
**DATE: OCTOBER 10<sup>th</sup>, 2019**  
**VENUE: DUNDAHERA VILLAGE**

**AIM:** To make students understand the importance of hygiene and cleanliness.



**ABOUT THE EVENT:** NSS NCU volunteers went to a cleanliness drive in the government school of Choma. The event came out to be super fun and left everyone highly motivated!

The main aim of the event was to let children know why and how to keep their surroundings clean. Cleanliness gives rise to a good character by keeping body, mind, and soul clean and peaceful. Maintaining cleanliness is the essential part of healthy living because it is the cleanliness only which helps to improve our personality by keeping clean externally and internally. Cleanliness means that there is no dirt, no dust, no stains, no bad smells. The goals of cleanliness are health, beauty, absence of offensive odour and to avoid the spreading of dirt and contaminants to oneself and others. These were the main key points of our discussion. We also interacted that Sanitation and neatness play an important role in our day to day routine. It is important as it prevents dangerous diseases like Dengue, typhoid, hepatitis, and other diseases caused by mosquito bite, etc. Diseases like Jaundice, Cholera, Ascariasis, Leptospirosis, Ringworm, Scabies, Schistosomiasis, Trachoma, etc can be spread due to eating contaminated food, drinking contaminated water or living in an unhygienic condition. Trash also spread bad odour which is difficult to tolerate. There will also be an accumulation of trash and dirt if clean measures aren't taken.



We practiced Singing, dancing and nukkad natak before the event to attract students' attention and make them feel more informal with us because then only we were able to understand that what was their concern and what new ideas they have in mind about cleanliness. These were the attractions for the day helping in creating awareness among everyone, informing them about importance of cleanliness and learning new suggestions from little children.

Volunteers also took the initiative to clean the school and the students also participated enthusiastically with them! we used broomsticks and bags to collect the dump and threw that away with help of students. It was quite appreciative how students were so whole heartedly participating in the drive with us which made us feel that we accomplished our goal.

**IMPACT:** Overall, the event was a huge success and helped in promoting cleanliness and making students understand the importance of hygiene. Students felt attached by cleaning their own school and made promise to avoid littering and keep their surroundings clean. Our main aim was to make them know that how cleanliness improves our mental peace and helps us in living a healthy life which we achieved by doing street plays, singing, dancing and having personal discussions with the students. It was wonderful to have such bright students helping us put on this great event.

## ❖ CLEANLINESS DRIVE

**DATE: JANUARY 21<sup>st</sup>, 2020**

**VENUE: COLLEGE CAMPUS AND GIRLS HOSTEL**

**AIM:** The Primary objective of the event was to cognize everyone about cleanliness, hygiene as well as to conduct a cleanliness campaign in and around the university and hostel.



**ABOUT THE EVENT:** Everybody loves a clean environment but very few have the ability to maintain cleanliness. So it becomes our responsibility to keep the environment clean and also making others understand the importance of cleanliness in our society. In accordance with this, NSS volunteers organized a Cleanliness Drive in the university campus. We were accompanied by the faculty members and the Dean of School of Management who shared their words and also helped us in making the drive successful. The drive began from the university's cafeteria and continued to the ground and attracted the eyes of all the students present there. We all started by calling out the slogans "Hum Sab Ka Ho Ek Hi Naara, Saaf Suthra Desh Hamara" and "Desh Tabhi Saaf Hoga Jab Swachhta Mein Sabka Haath Hoga." We all felt contented to do such a delightful event within the university and earn appreciation from our mentors. Thereafter, the drive began with hostel girls, hostel warden and co-workers, they came with a motive to clean the hostel and surroundings of the hostel. The volunteers spread the message to not only to clean themselves but the area where they are living. The main motive was to aware the girls about how they can maintain a good hygiene in their hostels. From proper disposal of the sanitary pads and how they can keep

themselves from many skin or internal diseases as an unclean environment attracts nothing but diseases. We also helped in cleaning in the kitchen area and the dining area of the hostel and made sure that a proper dustbin system is provided to them which was a good contribution in cleanliness drive.

Overall, the drive was a huge success and inspired students across the campus to maintain better surroundings for their own benefit.



**IMPACT:** The event was a huge success and helped in promoting cleanliness and making students understand the importance of hygiene. Our main aim was to make them know that how cleanliness improves our mental peace and helps us in living a healthy life which we achieved. It was wonderful to have such bright volunteers helping us put on this great event.

❖ **ANNUAL RESIDENTIAL CAMP**  
**DATE: JANUARY 24<sup>th</sup> to 30<sup>th</sup>, 2020**  
**VENUE: ABHEYPUR VILLAGE**

**AIM OF THE EVENT:** To spread social awareness and to give opportunities to all our volunteers to participate in various activities and show their talent.



**ABOUT THE EVENT:** NSS-NCU chapter conducted this year an annual residential camp at Abheypur village in Gurugram. The camp started on 24th January 2020 and ended up on 27th January 2020. The day started with a lot of enthusiasm and zeal from all the volunteers. Vice-Chancellor Prof. H B Raghuvendra and Registrar Retd. Col Bikram Mohanty flagged off the camp from our college. There were around 60 volunteers who took part in this camp. After reaching on the camp site, snacks were prepared for all the volunteers. Many activities were organized for everyone with a motto to teach everyone something new. Everyone took some rest and in evening there was yoga session in which our volunteers made the residents aware of the benefits of performing Yogic asanas and practicing meditation every day. After that, some team building activities were there, bonfire at night with some beautiful music. Next day started with the preparation of the inaugural ceremony. The ceremony began at 11:00 am with the arrival of our Guests of Honour- Mr. Savraj (Sarpanch, Damdama), Mr. Sumer, (Pradhan, Abheypur) and Pahalwan Satbeer Khatana from Damdama. Our faculty coordinators were also present there- Mr. Himangshu Rathee and Dr. Shilpa Sindhu. The Guests of Honor were welcomed by both of our faculty coordinators. In the starting Dr. Shilpa Sindhu ma'am gave a motivational speech for our volunteers and gave a brief description about NSS to the honorable chief guest.

Then we had some cultural performances which were prepared by our hard working volunteers such as singing, couple of dance performances, some poems from our vice president (Pulkit Sharma), Nukkad Naatak to spread awareness about 'Say No to Drugs and Plastics'. The ceremony was concluded with the rendition of the National Anthem. Then after that we went to nearby government school (consisting students of all classes) to conduct cleanliness drive and educational drive. We performed nukkad-naatak as well in the front of whole school and everyone enjoyed a lot there. The best part of this drive was the students who were as excited as all our volunteers were. They enthusiastically took part in the cleanliness drive. They performed small tasks like reciting poems, dance performances, singing, etc. Then we had a survey in a village nearby and all the volunteers were divided in the teams of 12. Then after that all of us came to our camp and had lunch.



The next day, i.e. 26 January "Republic Day" we had flag hosting followed by national anthem. It was a very proud moment for all our volunteers to stand together and prove the example of social diversity. Then all the volunteers went for the trekking session. We went for 2 trekking rounds and that took almost two hours. After that we had our breakfast and started our packing to leave the site. A new experience makes a person wiser and more knowledgeable. This camp inculcated a new experience in all the volunteers. The camp ended with the promise of all the volunteers to come again next year.

**IMPACT:** This beautiful experience around the Damdama Lake was one camp no student will ever forget. The camp brought together students and turned the group into what we proudly call the NSS family of NCU. The students learnt how to co-operate with others; they also learnt discipline and days away from civilization were surely blissful. Students got to know about their strengths and weakness alike. The aim of the camp which was to spread the

message about cleanliness, women empowerment, Digital India and ban on single use plastic was one that was heard a loud in the village of Abheypur. The community learnt about proper waste management systems and how someone's loss is someone else's gain. The children enjoyed the performances put on by the students of the NSS Chapter in particular the Nukkad Natak was applauded by everyone. Digital India and women empowerment were talked about with real life examples which the children related to.



## ❖ AWARENESS ON SINGLE USE PLASTIC

**DATE: JANUARY 25<sup>th</sup>, 2020**

**VENUE: ABHEYPUR VILLAGE**

**AIM:** To generate awareness amongst the people living in Abheypur Village regarding the single use plastic and harm it is creating to our environment. Plastic is a truly extraordinary substance with many useful applications but it does not make sense to produce it for just a single use when it is so long-lived, persistent, and toxic in the wrong environment.



**ABOUT THE EVENT:** Single-use plastics are disposable plastics meant for use-and-throw. These comprise polythene bags, plastic drinking bottles, plastic bottle caps, food wrappers, plastic sachets, plastic wrappers, straws, stirrers and Styrofoam cups or plates.

Single-use plastics may represent the epitome of today's throwaway culture. They do not biodegrade. Instead they slowly break down into smaller pieces of plastic called microplastics. If this doesn't sound bad enough already, the problem is getting worse.

And thus, we started with the motive of making people aware about the problem and avoid the single use plastic for the benefit of everyone.

We started the awareness drive with NSS Team Members by doing surveys with the people of the area to talk to them regarding single use plastic. We got to know that consumption of milk packets was very less because it was a village and mostly all houses had cows and rest buy milk from the vendors itself. Hence, they had a great alternative. After this we interacted about the polythene bags that are used in small shops and by vegetable sellers that these poly bags create a major problem to our environment as they are non-biodegradable and continued our talk about the single use plastic and their harms to the environment and humans. We told

them about the various types of single use plastic items which included plastic bags, spoons, cups, straws and bottles. They were shocked to know the harmful effects of the plastics they were using and we noticed that there was just lack of knowledge among these people.

We also told them facts and figures that India generates about 9.4 million tons of plastic waste each year and with no effective disposal method, the plastic waste ends up on the roadsides, in landfills and water bodies. Plastic waste management is a global concern. Globally, around 90 percent of the plastic produced is discarded as waste. So far, more than 60 countries have banned single-use plastic or curbed its use.

Thus, the people living there assured us that they will minimize the use of single use plastic in their daily routine and switch to cloth bags, paper straws, paper cups.

**IMPACT:** We were able to achieve our motive of the drive of letting people know that how tremendously the plastic is harming our environment. The people understood that it might not be possible to totally eliminate plastic from our lives but we can at least limit its consumption by not using the single use plastic items and contribute our share in conserving our environment.

## ❖ DIGITAL INDIA AWARENESS CAMPAIGN

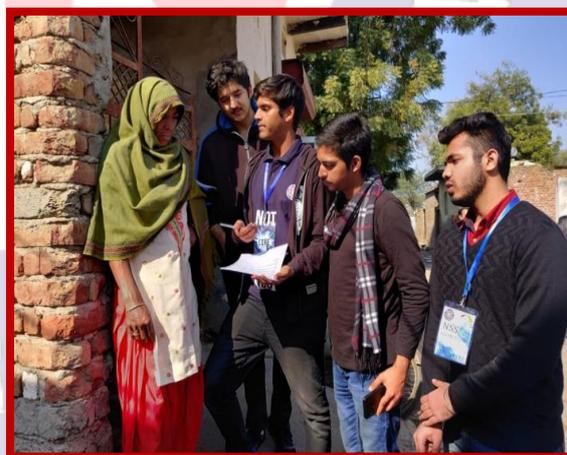
**DATE: JANUARY 25<sup>th</sup>, 2020**

**VENUE: ABHEYPUR VILLAGE**

**AIM:** To make people aware about the Digital India programme launched by the Government of India. and to motivate them to follow prescribed guidelines given by the government.

**ABOUT THE EVENT:** The Digital India program is a flagship program of the Government of India with a vision to transform India into a digitally empowered society and knowledge economy. Government of India has taken measures to promote a cashless economy through digital payments.

In the view of this, on the 2<sup>nd</sup> day of the NSS Residential Camp (January 24,2020 – January 30,2020), at first we reported at the campsite at around 9am and discussed the plan of action for day. We divided ourselves into group of 5 members and went in Abheypur village and interacted with all the people we saw on our route. We had an informal interaction with them so that they feel comfortable to talk to us.



We also conducted a survey ,each volunteer was given 5 survey form which was filled according to the information given by the respective villagers. 25 members of the NSS camp collected the information from each houses. 125 forms were filled in total.

We were able to collect the information regarding awareness and use of ATM and cashless transaction during survey of the village. During survey we explained the people of different

families about various methods of cashless transaction such as pre-paid cards, debit cards etc. we explained the importance of digital payment, advantages of it ,different modes of digital payment and services and the concept of plastic money via activities like Paytm and E-banking and the need to go cashless. We gave the demonstrations on our cellular phones showing how to use the internet to make payments or do just about anything hence making their lives easy.

Everybody enjoyed this event as when village people discussed their problems with us, we felt a feeling of altruism and joy and we felt happy that we contributed towards the society in our small way. We left the village 2:30 pm with a smile on our faces and content and satisfaction in our hearts.

**Our goal to meet the masses and reciprocate in every which way we could, was met with.**



**IMPACT:** Our goal that was to aware the people about the Digital India programme was achieved. We got a clear picture of our objective through our survey forms and interaction with them and our little efforts motivated them to follow prescribed guidelines given by the government.

## ❖ AWARENESS ON SOCIAL WELFARE SCHEMES

**DATE: JANUARY 25<sup>th</sup>, 2020**

**VENUE: ABHEYPUR VILLAGE**

**AIM:** To create awareness on various social welfare schemes among people of Abheypur Village.



**ABOUT THE EVENT:** NSS NCU Chapter conducted a residential camp from 24-30 January 2020 at village Abheypur (Damdama) during this camp we decided to dedicate our second day with people of village. So we visited local government school where we educated kids about various schemes which are made for them and also educated them about many other things. After visiting to the school all NSS volunteer were spread out in the whole village to do a survey. All surveys were about different social welfare schemes that are run by the government. We also educated women present there about all the schemes which are run by the government to empower them. Many other schemes were also discussed with them which will make difference in their lives. All NSS volunteers tried their best to educate villagers as much as they could and it was a very great experience for all the volunteers. And villagers also appreciated these efforts made by us. So it was a great learning experience for both volunteers and villagers.

**IMPACT:** All villagers were motivated to know more about these schemes and assured to enroll themselves to avail benefits out of it.

**❖ REPUBLIC DAY CELEBRATION AND CLEANLINESS AND HYGIENE AWARENESS DRIVE**

**DATE: JANUARY 26<sup>th</sup>, 2020**

**VENUE: ABHEYPUR VILLAGE**

On the occasion of India's 71st Republic Day, the President of NSS hosted the National Flag. Cleanliness drive in the Abheypur village followed this.



The day was full of enthusiasm and liveliness. The main agenda of the day was to promote cleanliness among the village people.

A cleanliness drive was conducted in which our volunteers interacted with the village people and tried to spread awareness about the same. It was an interactive session where the villagers realized that a clean environment is not only a stepping stone to the country's progress but for their own as well. The villagers along with our volunteers cleaned the surroundings and were determined to keep the same afterwards. After this the village people also learnt some techniques and tips to maintain their surroundings and various initiatives taken by government to encourage cleanliness. The day ended on a successful note with the completion of our task.



❖ **EDUCATION DRIVE AND STREET PLAY TARGETING  
MULTIPLE ISSUES**  
**DATE: JANUARY 27<sup>th</sup>, 2020**  
**VENUE: ABHEYPUR VILLAGE**

**AIM:** To spread awareness about Swacch Bharat Abhiyan, Digital India, Women Empowerment and Ban on use of Single Use Plastic. The aim also included honing the interpersonal skills of the volunteers of the NSS Family. It was to bridge the gap between the volunteers of NSS NCU Chapter and the school students.



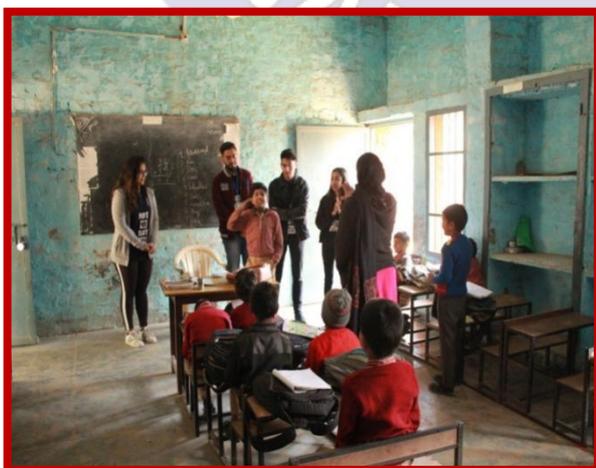
**ABOUT THE EVENT:** The NSS chapter of The NorthCap University organized its Annual residential camp in our adopted village Abheypur near Damdama lake in Sohna, Gurgaon.

On the second day i.e. 27<sup>th</sup> of January 2020, the volunteers set forward for their goal of educating and spreading awareness about Swacch Bharat Abhiyan, Digital India, Women Empowerment and Ban on use of Single Use Plastic in the government school of Abheypur village. The entire 60 volunteers of the NSS family covered the distance from their camp to the school on feet and it was a fun filled walk with our guide who told us about the local myths and what we can expect out of the students.

Upon reaching the school, the volunteers was greeted by the Principal and fellow teachers who were extremely welcoming and showed their humbleness to us. Without wasting any further time, teams were allotted and each team given a specific classroom to target. Each team leader was given a plan of action but not restricted to any of it. Every team was to come out with a delivery of their own and fulfill the aim within their mandate.

The teams then proceeded towards their classroom and started out their activities. First the volunteers introduced themselves and were extremely happy when the kids called them 'Bhaiya' or 'Didi' as a sign of respect. The bond was already forming between the students. After that, it was all business here on with a twist of fun here and there. The NSS volunteers talked about their aim of Swacch Bharat Abhiyan, Digital India, Women Empowerment and Ban on use of Single Use Plastic by giving out practical examples which the students could relate to. Digital India was talked about in respect of Youtube which every child could relate to and understood. Women empowerment was talked about and it was extremely blissful to see that the girls knew about their rights and how they're no less than the boys. Cleanliness was talked about and students were questioned on the importance of sanitation which got a very positive response. After this each team did some activities of their own. One team performed a song while another chanted Saraswati Vandana which was soothing to the soul. Moving on, the aim was to clean the school and areas around it. Everyone, ranging from the President to the youngest kid chipped in, in this activity. As this activity ended, the school was sparkling under the bright sun. The hard work paid off. To cap off the day, an enthralling Nukkad Natak was performed summing up all activities and sending the students and teachers alike a message which was heard loud and clear. Even the NSS volunteers got engrossed in the Natak and enjoyed it thoroughly.

At last the Principal, teachers and our little brother and sisters thanked us for our presence and we pledged to be back again as we ended the day on a high note with surveying the village and finding some insights about the awareness.



**IMPACT:** The impact was foreseen everywhere. This session educated the teachers and students of the school. The students opened up and developed confidence to speak. The NSS volunteers got to see the other side of the coin and how the gap between them and the students is coming to a close. NSS family also bonded and there was no tag of first year or fourth, it was just some friends coming together for a cause and winning the hearts of some students and teachers. People in the chapter honed their interpersonal skills as well. The students pledged to clean their surroundings and to remain healthy and keep learning and growing.



## ❖ WOMEN EMPOWERMENT CAMPAIGN

**DATE: JANUARY 28<sup>th</sup>, 2020**

**VENUE: ABHEYPUR VILLAGE**

**AIM:** To educate women about schemes which are run by government to empower them.



**ABOUT THE EVENT:** During the 7 days of camp which was conducted from 24<sup>th</sup> to 30<sup>th</sup> January 2020. NSS volunteers decided to spend fifth day with people of Abheypur. Some volunteers decided to educate women and girls of the village about women empowerment. We decided to conduct a survey where we ask them various questions to ensure whether they are aware of the schemes which are run by the government to empower them.

But most of the women were not even comfortable to talk with us but all volunteers try their best to create a comfortable environment for them so they can talk about these issues and once the survey was conducted we came to know many women were not even familiar with most of the schemes which are run by the government to empower them. So our biggest task was to educate them about these schemes so that they can understand all the benefits and adopt these schemes to empower themselves and also educate their girl child about these schemes.



**IMPACT:** All women were motivated to know more about these schemes and adopt them in their lives.



## ❖ AWARENESS ON SUBSTANCE ABUSE

**DATE: JANUARY 29<sup>th</sup>, 2020**

**VENUE: ABHEYPUR VILLAGE**

**AIM:** To make people aware about substance abuse problems and make sure they are not ignorant towards it.



**ABOUT THE EVENT:** NSS-NCU chapter conducted this year's annual residential camp at Abheypur village in Gurugram. The camp started off on January 24, 2020 (Friday) and ended on January 27, 2020 (Monday). The volunteers were filled with enthusiasm to do something better for the society and therefore actively participated in the camp. Many activities were organized at the camp site, each with a motto for the development of villagers. On the 6<sup>th</sup> day of the camp, the NSS volunteers at first reported at the campsite at around 9am and discussed the plan of action Friday. We divided ourselves into group of 5 members and went in Abheypur village and interacted with all the people we saw on our route. We had an informal interaction with them so that they feel comfortable to talk to us. We wanted to know about the cases of substance abuse in the village.

Substance abuse can simply be defined as a pattern of harmful use of any substance for mood-altering purposes. "Substances" can include alcohol and other drugs (illegal or not) as well as some substances that are not drugs at all.

"Abuse" can result because you are using a substance in a way that is not intended or recommended, or because you are using more than prescribed.

In other words, if you drink enough to get frequent hangovers; use enough drugs that you miss work or school; smoke enough that you have lost friends; or often drink or use more than you intended to use, your substance use is probably at the abuse level.

Generally, in these situations, only the individual himself can determine where use ends and abuse begins. The question to ask yourself is, "Is this causing me harm?"

Some of the teenagers in the village admitted that they had tried to smoke cigarettes and hookah a few times due to peer pressure. We talked to them in a concerned tone and made them aware about the ill effects of smoking and drinking. They understood our concern and promised us to reform their ill habits as well as make their friends aware about the same.

There were some adults too who smoked hookah. We explained them about the ill effects of hookah and they listened to us properly and promised to slowly and steadily stop drinking hookah. We also gave them the phone numbers of some rehabilitation centres if they needed further help. We left the village 2:30 pm with a smile on our faces and content and satisfaction in our hearts.

**IMPACT:** We were able to achieve our object of making people about the problem and also helped little teenage boys acknowledge that how harmful it is to depend on these substances. Not only at an early age, but also further in life, they should never be addicted to such kind of stuff. Maybe the reason behind them depending on such harmful substances was the lack of knowledge and awareness which we were able to conquer.

## ❖ AWARENESS ON SWACHT BHARAT ABHIYAN

**DATE: JANUARY 29<sup>th</sup>, 2020**

**VENUE: ABHEYPUR VILLAGE**

**AIM:** Spread awareness about importance of cleanliness. Tell people about the Swachhta Abhiyan initiative started by our prime minister. Make them aware about the ill effects of single use plastic and other things which damage our environment.



**ABOUT THE EVENT:** We all went to the government school of Abheypur village to teach kids about the importance of cleanliness. Our main motto was ““Hum Sab Ka Ho Ek Hi Naara, Saaf Suthra Ho Desh Humara””. All the volunteers were excited about the event and had brooms, masks and gloves with them as we had a motive to clean the school premises and teach them that how important it is to keep our surroundings clean.

As soon as we reached there, we got divided into small groups and went to different classrooms to interact with the students. We prepared a small quiz about our agenda and the children who gave right answers were given prizes. After that told them about the initiative started by our honorable prime minister Shri Narendra Modi that how it all started and what a huge program it has turned out be now and also how they can maintain cleanliness around their houses and school. It was a delightful discussion with the students of school and we were happy to know how well the students took it. After the interactive session, NSS Volunteers presented a nukkad natak swachhta. Everyone was excited to see the play and they all came running from their classes to watch it. It turned out to be quite enthusiastic and catchy and everybody including the teachers and principal of the school appreciated the

efforts. Following this session, the NSS volunteers along with students took their brooms and garbage bags and started cleaning the school premises. All the volunteers distributed masks and gloves to the school students so that they can also help in cleaning their classroom. With the help of them we all cleaned all the classes of the school and also the school ground. Through these fun activities we all felt contented and took promises from the students to keep their school clean.

Thereafter, we all went straight to the village to talk to villagers about maintaining cleanliness in the village. We interacted about how can they recycle the dump and also how plastic can be replaced with other safer alternatives. We asked them to fill a survey form as well about how they feel about swachta abhiyan and how the government can help them to keep their village clean. At first the women there were hesitating to communicate with us in a prompt discussion but when we told them that we are NSS volunteers and this is a simple interaction they felt a bit comfortable.

All these activities were part of our Residential camp and so the next day, when we went for trekking our motto for it was also the same “cleanliness”. While trekking we made sure to pick every piece of garbage that we see on our way. We found some plastic bottles and wrappers which were probably thrown by people who come for trekking as well. Further when we got to know that there was a temple nearby, we decided to go there as well and see if it is maintained its cleanliness. We were astonished to see that it was not properly cleaned and so we took our brooms and garbage bags along with us and cleaned the temple and its surroundings thoroughly.

The event came out to be quite successful and we as volunteers were pleased to do such a wonderful event and gain a great experience.



**IMPACT:** It turned out to be an amazing and informative event. Through our interaction with students in school and village people we were able to share knowledge on the importance of cleanliness and effective methods to dispose household waste.



❖ **TREKKING TO PROMOTE CLEAN AND HEALTHY ENVIRONMENT**

**DATE: JANUARY 30<sup>th</sup>, 2020**

**VENUE: ABHEYPUR VILLAGE**

The last day of the camp kick started on an enthusiastic and energetic mode. A trek took place through the outer areas of the village and was approximately five kilometers long.



The main motive of the trek was to promote the importance of cleanliness and hygiene among the village people. Therefore, all the volunteers decided to pick up rag and rubbish from the surroundings and convey the message of cleanliness in a more effective and efficient way. It not only helped us to communicate the idea but also encouraged the villagers to adopt this in their daily lives and continue to do the same afterwards.

After the trek, all the NSS volunteers gathered for lunch followed by a group photograph after which we left for our college. All of us were carrying a feeling of altruism in our hearts as we felt a sort of achievement as we contributed towards our society in a small yet significant way. All the volunteers got a bit emotional while leaving the campsite. We thoroughly enjoyed this village visit and will cherish the memories we made during this visit.



## ❖ NATIONAL SOCIAL SUMMIT-2020

**DATE: FEBRUARY 14<sup>th</sup> to 16<sup>th</sup> 2020**

**VENUE: IIT ROORKEE**

**AIM:** To come together and propose solutions to the country's socio-economic problems.



**ABOUT THE EVENT:** National Social Summit was a resolution to come together and discuss policy and technical solutions to socio-cultural problems. It was the flagship event of National Service Scheme (NSS), IIT Roorkee, which is a chapter having over 700 active volunteers.

The NSS volunteers from various prestigious institutions participated in the summit. This year's theme of discussion was Environment, being an envelope of society, is susceptible to every societal action foremost. Rapidly increasing ways of hampering environment need innovations to mould these ways to rebuild nature, holding hands with the needs of the present.

Our team of enthusiasts went to represent NSS-NCU chapter and did an exceptionally well job in every event they participated. From Workshops, Case Study and Work Presentations to Cultural Night, we got raising hands of appreciation.

Many events were organized and main events included Case Study, Panel Discussion, Round Table Conference, Innovation (Work Presentation), Vaad Vivaad (Debate) and Cultural Events. All the team members were engaged in all the events throughout the 3 days and in case study they got first position with a cash price of rupees 2500, and in panel discussion we secured our position in top-8. On day 2 we reserved 6th position for our efforts done on ground level for the upliftment of the society in the event named innovation.

Many workshops were organized as well which enriched our pool of knowledge and provided us with deeper insights into various social and environmental issues. In collaboration with

Design Innovation Centre, IIT Roorkee, workshops were conducted by skilled professionals providing a deeper knowledge into various problems and taught us that how as an individual we can play our part in solving those problems and issues. Workshops consisted of a series of lectures followed by its implementation of skills learned in real-world problems. We found every piece of it quite helpful and it was an erudite discussion.

At last the summit was extreme fun and enjoyable. Team NCU showed their interest in all the social activities happening around and took a stand for that and at last learned many new things related to society. There developed a sense of belongingness, knowing that we are a big NSS family working together for the benefit of our society, and contentment extended in every mind present there.

It was a three day program and turned out to be quite successful, imparting knowledge and skills in every volunteer present there. We also developed a sense of togetherness at the cultural night and various other events in which we participated.



**IMPACT:** It was a whole overwhelming and tremendous experience for all the volunteers. Not only a fun experience but it was quite knowledgeable as well. Every member who participated carried a baggage of memories and new shared skills along with them.

## ❖ BHONDSI JAIL VISIT

**DATE: MARCH 4<sup>th</sup>, 2020**

**VENUE: BHONDSI JAIL**

**AIM:** The event aimed to spread some awareness and inculcate a sense of being a better human amongst the prisoners.

**ABOUT THE EVENT:** The members of NSS, NCU family in collaboration with the Legal Aid society conducted a visit to The Central District or The Bhondsi jail , Gurgaon on March 4 , 2020 . On arrival the student interacted with the Jail superintendent and some other officials. The students were firstly enlightened with the purpose of establishing the Bhondsi Jail and later on were made to visit the entire prison including the ground area, prison area and the kitchen. The team also saw some astounding sculptural and craft work that were accomplished by the prisoners. The musical team, the artistic team , the music hall , a fully furnished saloon and art room were some of the main charms of the jail.



The event was further proceeded by Street Plays that our team performed . There were actually 2 separate gatherings happening for the male and female prisoners. Firstly the students were welcomed and showed some amazing dance and musical performances by the females where later on the students performed a Street Play titled “ Yeh kisne kia – Yeh humne kia ” . The motive of the play was to spread awareness regarding the importance of Cleanliness and personal hygiene. Our team told the audiences regarding the “Swatch Bharat Campaign” and motivated them to keep their surroundings neat and tidy.

The visit was further carried over by our team performing yet another Street play prepared by them in front of the male prisoners. The theme of this play was Substance Abuse . With the help of this play our team tried it's level best to communicate to the prisoners with information regarding harmful and catastrophic effects of drug abuse . With this the visit came to an end followed by high tea arranged by jail administration.

**IMPACT:** The team visited the jail premises with a hope to inculcate in the prisoners a sense of responsibility toward themselves , their family as well as the society. The conspicuous and magnificent plays performed by our students were surely able to achieve the desired goal. Giving out the best of efforts , our team could make, this visit proved to be yet another successful event by NSS, NCU.

## ❖ CORONA VIRUS AWARENESS DRIVE

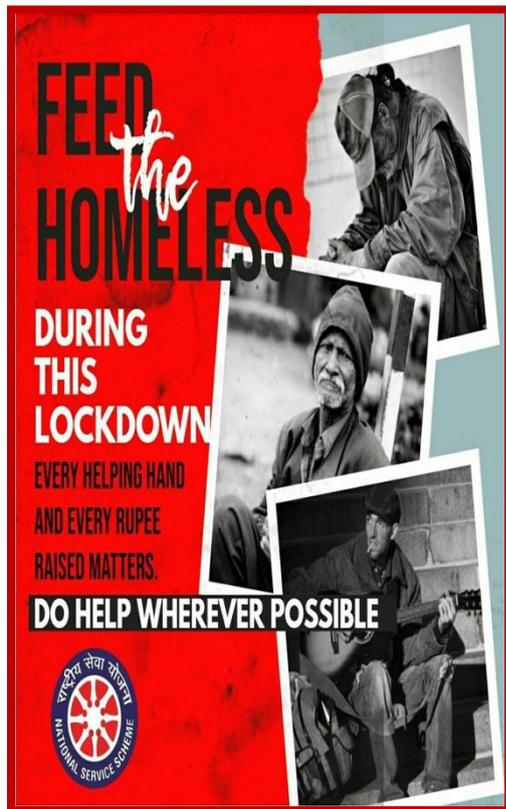
DATE: 22<sup>nd</sup> MARCH to 2<sup>4th</sup> APRIL, 2020

VENUE: SOCIAL MEDIA HANDLES

**AIM:** To spread awareness about the preventive measures that needs to be taken care to stay safe and healthy during the transmission stage of covid-19 pandemic with the help of social media.



**ABOUT THE EVENT:** The corona virus pandemic has led to unprecedented panic across the world with no vaccine available. It has taken a toll on people's mental health because of global lockdown .So to cope up and spread some awareness; NSS-NCU volunteers taken an initiative by spreading proper guidelines and measures circulated by Ministry of Aayush, that needs to be consider to minimize the transmission and increase the immunity of the public, In furtherance NSS-NCU volunteers created some visually attractive posters and videos to publicize the guidelines by the government to the local public in easy and simple manner. Moreover volunteers also organized regular internal meetings with the help of video conferencing to motivate each other to stay at home. In those meetings volunteers were properly guided to wash their hands for 2 minutes and they were also taught the symptoms that arise to the person who is infected with the corona virus.



**IMPACT:** This campaign led to provide accurate information to the general public with the help of NSS volunteers and helped some members of the NSS to reduce stress level caused due to staying at home because of lockdown.

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## MESSAGE BY PRESIDENT NSS NCU (2019-20)

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I have been witness to those people who look back on their college experiences and describe how college is meant to be the best experience of one's life. As a fresher and introvert it was a bit scary for me at first to interact and be familiar to all those activities which I haven't done or seen before, but being a law student it was necessary to overcome my fear of public interaction and grow more than just academically. NSS NCU Chapter provided me a platform to transform myself into a better personality. It is rightly said "Experience is what you get when you didn't get what you wanted", but in my case my experience in college is all I ever wanted for myself. I was associated with NSS from the very beginning of my freshman year. We started as a team of 30 students but now we have a family of 150 volunteers. It gives me immense pleasure to motivate my team and guide them to contribute to the society in every way possible. Apart from the feeling of satisfaction and bringing smiles to many faces, NSS has also helped me to get exposure, gain team working experience and lead a team of young aspiring volunteers through this great platform. Working here I've learned one thing which is to quit worrying about stupid things and enjoy by appreciating the little things we have in life.

My first event as a part of NSS was Blood Donation Camp in collaboration with Rotary that helped me and my team realizes the true meaning of being selfless for a better tomorrow. I visited various schools; old age homes; adopted villages; conventions; etc which helped me understand the real feeling behind the moto of "NOT ME BUT YOU". Initially, it was a bit of a struggle to be able to manage my attendance, academics and activities conducted by NSS but then I started to prioritize and organize my tasks which also made me more competent and confident in the challenges that lied ahead of me. I've learned a lot of management skills working with NSS, experiences of my seniors and the memories we created together. The biggest challenge in the complete span working with NSS for me was to organize the residential camp, an annual 3 days event conducted at Abheypur village in Gurugram. The responsibility of all the students and smooth conduct of all the activities created quite a pressure on me, however seeing the volunteers filled with enthusiasm to do something better for the society made it easy for me and my team to successfully conduct all the events. These

events have motivated us to organize more such activities to bring in more people who always have this inner hunch to be a part of something bigger than them.

Here we work together to build a better society and will continue to do so as the legacy of NSS NCU Chapter continues for years to come. I am thankful to NSS-NCU chapter for all these amazing opportunities and honored to be the president of NSS NCU Chapter for the session of 2019-20.

**ARPIL SHARMA, PRESIDENT**

**NSS NCU CHAPTER**



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## MESSAGE BY VICE PRESIDENT NSS NCU (2019-20)

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It is not easy in our age to bring a change but to facilitate it as a team is a cake walk. In this fast running world we want everyone to get a substantial balance of life. The mark of the immature man is that he wants to die nobly for a cause, while the mark of the mature is that he wants to live humbly for one.

At NSS we dedicate ourselves to a cause and bring a change y being the change in society. It not only helps society but also helps in youth empowerment and growth for their inner talent which will later help in nation building. NSS units can take up any activity that is relevant to the community. The activities evolve in response to the needs of the community. The core activities could be in the field of education and literacy, health, family welfare and nutrition, sanitization and cleanliness, environment conservation, social service programs, programs for improving status of women, production-oriented programs, disaster relief and rehabilitation, campaigning against social evils, creating awareness about Flagship Programs of the Government like Digital India, Skill India, and Promotion of Yoga etc.

**What we have done for ourselves alone dies with us; what we have done for others and the world remains immortal.**

**PULKIT SHARMA, VICE PRESIDENT**

**NSS NCU CHAPTER**

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## CORE TEAM 2019-20

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5. DAMINI KAPOOR (16LLB016)
6. NAINA NAGPAL (17BCOM22)
7. HIMANSHI BHATIA (16CSU144)
8. PRANAV GOYAL (18CSU158)
9. POOJA BATRA (18BCOM31)
10. RHYTHM KAMBHOJ (18CSU169)
11. CHADRAMAULI GUPTA (18BCOM54)
12. DIVYA GANDHI (17CSU064)
13. PALAK DHINGRA (18CSU151)
14. AKASH CHATOPADHYAY (19CSU016)
15. AKSHITA JAIN (17LLB005)
16. ANMOL NAGPAL (18CSU023)
17. AAYUSH JINDAL (17CSU007)
18. PRERNA KATHURIA (18CSU160)
19. ROHAN SHARMA (18CSU178)
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