

DEPARTMENT  
OF  
**Psychology**

BA (Hons)

MA

PhD



# About The NorthCap University

Established in 1996, formerly known as ITM University, The NorthCap University is a progressive multidisciplinary university located in the city-centre of Gurugram, Haryana. The university's rich heritage of 30 years, 15,000+ alumni and a robust academic infrastructure enables deep linkages with government, industry and research bodies. The university operates multiple schools and departments in its state-of-the-art urban campus and hosts a diverse student body of engineering, technology, management, liberal arts, law, media & entertainment, business and applied science aspirants.

NCU is recognised by the University Grants Commission (UGC) and accorded 12 (b) status. It is also recognised by the Bar Council of India (BCI). NCU is a Member of the Association of Indian Universities (AIU), a Member of the American Society for Quality (ASQ) and is accredited by Accreditation Services for International Colleges (ASIC), UK, as a 'Premier Institution.' NCU has an overall 5-Star Rating in the prestigious QS Stars Rating System, and ranks among the Top 30 Best Performing Universities as per ARIIA rankings.

NCU is a National Assessment and Accreditation Council (NAAC) Grade 'A' accredited university that serves as a research as well as talent catalyst between students and industry. Guided by eminent academicians and industry leaders, it follows an immersive pedagogy to deliver undergraduate, postgraduate as well as doctoral programmes. With an extensive network of international university partners, NCU offers students the chance to engage in global semester exchanges, twin and dual degree programmes and cutting-edge research collaborations for unparalleled academic and cultural enrichment.



**15,000<sup>+</sup>**  
ALUMNI  
NETWORK

**3500<sup>+</sup>**  
STUDENTS

**250<sup>+</sup>**  
PLACEMENT  
PARTNERS

# Rankings, Rating and Quality Benchmarks



Established under Haryana Private University Act No. 25 of 2009 (Third amendment)



- **Recognised by the University Grants Commission**
- **Accorded UGC 12(B) Status**



Recognised by the Bar Council of India, Govt. of India



Accredited by the National Assessment and Accreditation Council (NAAC) as **Grade "A" university**



Member of Association of Indian Universities



Rated as 5-star University by QS Star Rating System 2025



In NIRF, in the Engineering category, NCU is placed in the rank band of 101-150 in 2025



Ranked as 1st in the Engineering category by GHRDC Survey 2025.



School of Management & Liberal Studies was ranked No. 1 in Haryana in GHRDC BBA College Survey, 2024



Ranked as the 2nd Best Law school in Haryana by GHRDC Survey 2025.



Accredited by Accreditation Services for International Schools, Colleges & Universities (ASIC) as a PREMIER INSTITUTION with commendable grades (2nd August 2024 - 1st August 2028)



Member of International Students Exchange Programme



Member of American Society for Quality (India)



Honored with the prestigious University with Modern Infrastructure (Engineering) by the Services Export Promotion Council (SEPC), a unit of the Ministry of Commerce and Industry, Government of India.



Among Top-30 'Best Performer Universities' in Atal Ranking of Institutions on Innovation & Achievements (ARIIA)



In the Green Institutional Rankings 2025, NCU was placed in the Diamond category under the Sustainable Institution of India (SII) Awards.



NCU received the District Environment Championship Award 2025 for Gurugram, conferred by the National Edu Trust of India.

# Message from Pro-Chancellor & Vice Chancellor



**PROF. PREM VRAT**

**Pro-Chancellor**

“Empowering future leaders through holistic growth in every student lies at the heart of our educational philosophy. At The NorthCap University, we are committed to shaping these leaders by blending cutting-edge education, interdisciplinary approaches, and real-world applications.

Our programmes are crafted to encourage intellectual curiosity while providing students with the tools to make impactful contributions across various sectors. Join us as we work together to build a brighter, more inclusive future, driven by knowledge, compassion, and innovation.”



**PROF. (DR.) NUPUR PRAKASH**

**Vice Chancellor**

“At The NorthCap University, we are dedicated to nurturing the next generation of leaders by providing a comprehensive education that blends knowledge, critical thinking, and global awareness. The Department of Psychology plays a crucial role in this mission, offering rigorous programmes that combine deep academic insights with a focus on understanding human behaviour and mental health.

We invite you to embark on a transformative journey with us, where learning, self-discovery, and personal development converge to prepare you for success in a rapidly evolving world.”



## Department of Psychology

The Department of Psychology at The NorthCap University was established under the School of Management and Liberal Studies (SOM & LS) in 2019 with the vision of nurturing a deep understanding of human behaviours, thought processes, and emotions. Since its inception, the department has been dedicated to providing high-quality education and conducting cutting-edge research in the field of psychology.

The Department of Psychology offers rigorous academic programmes that equip students with a comprehensive understanding of psychological theories, research methods and practical applications. The department aims to foster professional competence, intellectual maturity, personal and professional growth of the students along with nurturing ethical standards of practice. To achieve the above goals, a mix of teaching techniques and pedagogical practices are used by the in-house experts. This involves both classroom lectures and experiential learning through fieldwork. The pedagogy is inclusive of lab practicals, simulations, case methods, summer internships, observation days, group discussions, and presentations.



## Programmes Offered

BA  
(Hons)  
Psychology

MA  
Clinical  
Psychology

MA  
Applied  
Psychology

MA  
Organisational  
Behaviour

PhD  
in  
Psychology

## Our Vision

To be a center of academic excellence in psychology education, committed to producing competent professionals with strong ethical values, who contribute effectively to individual well-being and societal development.

## Our Mission

- To provide a robust education in psychology by integrating foundational and contemporary knowledge within the discipline.
- To continuously upgrade academic resources and infrastructure while delivering experiential and applied learning through innovative and interactive teaching methodologies.
- To develop skills that enhance students' future employability and prepare them for diverse career pathways.
- To nurture ethically responsible individuals equipped to address psychological needs and promote societal well-being.
- To foster a culture of critical thinking, research, and lifelong learning among students.

## From the HOD's Desk



**DR. NEHA JAIN**  
Head of Department

### “UNDERSTANDING PSYCHE, TRANSFORMING LIVES”

is the motto that governs the Department of Psychology and the education it imparts to its students. Our programmes and their curriculum are designed to cover both classic and contemporary concepts of psychology along with providing experiential learning necessary for creating employability. The curriculums have been designed keeping in mind future market trends and psychological assistance that are required for mental health services in the community. At NCU, we pride ourselves with state of the art, infrastructural facilities along with an inclusive learning environment. We invite you to embark on this transformative journey with us and explore the fascinating world of understanding psyche.



# Highlights of the Department

1

**State-of-the-Art Psychology Laboratory:** Equipped with advanced tools and psychological testing facilities, the lab provides students with hands-on experience in assessment, experimentation, and applied research, fostering strong practical skills.

2

**Mock Counselling Centre:** A mock counselling setup provides psychology students with a simulated environment to practice therapeutic skills, client interaction, and ethical decision-making. It enables them to apply theoretical knowledge in realistic counselling scenarios under guided supervision.

3

**Exclusive Internship Opportunities (MoUs/Agreements with Leading Hospitals):** The Department has signed Memorandums of Understanding (MoUs/Agreements) with Moolchand Hospital, VIMHANS, and Artemis Hospital, giving students access to supervised clinical exposure and real-time patient interactions to bridge the gap between theory and practice.

4

**Renowned Adjunct Faculty:** Our students gain the privilege of learning from distinguished experts like Dr. Anand Prakash, Dr. Karuna Mehta and Dr. Jitendra Nagpal, who bring their vast academic and professional experience to enhance classroom teaching and mentoring.

5

**Progressive Academic Curriculum:** The curriculum is designed to incorporate both foundational as well as contemporary fields of study within psychology, ensuring students are industry-ready and well-versed in emerging trends in mental health and behavioral sciences.

6

**Experiential Learning:** The department emphasizes hands-on training by conducting structured mock counselling sessions, Summer Internship, Field Trips, Simulation exercises, Live Projects, etc, enabling students to develop essential therapeutic, communication, and interpersonal skills needed in real-world settings.

7

**UGC-NET Preparation Support:** We provide dedicated mentoring and preparation modules for UGC-NET, empowering students to qualify for academic and research-oriented career pathways.

8

**Robust Research Facilities:** The Department fosters a research-driven culture, offering students access to modern facilities and research software. Mentorship for conducting empirical studies, presenting papers, and publishing in reputed journals is also given.



# BA (Hons) Psychology

## 3-Year Degree Programme

The Bachelor's programme in Psychology provides students with a broad understanding of the scientific study of human behaviours and psychological processes. The curriculum covers foundational topics such as Cognitive Psychology, Social Psychology, Developmental Psychology, Abnormal Psychology, and Psychological Research Methods along with contemporary papers like Advertising and Media Psychology, Youth, Gender and Identity, Forensic Psychology, Self in the New World, etc. Students gain hands-on experience through research projects, interactive labs, and field exposure that bridge theory with practice. The program nurtures critical thinking, self-awareness, and professional skills essential for success in diverse psychological and allied careers.

**Duration:** The BA (Hons) Psychology programme spans 3 years\*

**Eligibility:** 10+2 examination conducted by Central Board of Secondary Education or equivalent examination from a recognized board in any stream. Must qualify CUET-UG/ Any other National Test in the discipline of UG programme.

In case a student has not appeared in any of the above-mentioned entrance examinations, NCU will conduct its own entrance test in the discipline of UG programme.

\*The offered degree is in compliance with NEP 2020 with options of entry and exit for the students.

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### MARRAM FAROOQ

BA (Hons) Psychology, 3<sup>rd</sup> Year

My journey as a psychology student at The NorthCap University has been nothing short of transformative. These years have deepened my understanding of the human mind and of myself. I am grateful for the guidance, inspiration, and endless curiosity this department has nurtured.

”

“



### SANSKRITI DAHIYA

BA (Hons) Psychology, 2<sup>nd</sup> Year

Psychology at the NorthCap University is an affable unfolding of the mind, thought, and self. Each lecture fosters a gentle curiosity, a little more awareness of why people feel the way they do. It's the perfect amalgamation of science and philosophy meeting the soul, where every concept finds its way in real life. More than a course, it's becoming who I am; one insight at a time.

”

“



### NISHAT









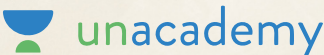





BA (Hons) Psychology, 1<sup>st</sup> Year

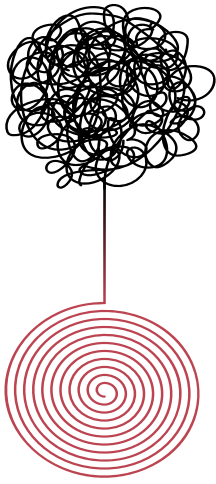
Stepping into college life was initially overwhelming, marked by nervousness and anticipation about the new changes ahead. However, the warm and thoughtfully planned induction program made the transition remarkably smooth, helping me feel right at home. The Psychology Department truly stands out for its academic excellence—every teacher teaches with genuine passion, empathy and care, while maintaining the discipline that shapes our character. What I value most is how the department nurtures us both professionally and personally, creating a space that is systematic and supportive. I really look forward to spending the coming years learning and growing everyday.

”

# Career Prospects

## BA (Hons) Psychology

Industry	Employers	Roles in Demand
Mental Health & Counselling	   	Assistant to Counsellor, Mental Health Associate, Wellness Coach
Corporate & Human Resources	   	HR Executive, Learning & Development Specialist, Employee Engagement Associate
Education & Child Development	   	Assistant to School Counsellor, Child Behaviour Support worker, Academic Mentor
Research & Policy	   	Research Assistant and Policy Analyst
EdTech & Training	  	Content Developer, Trainer, Learning Designer
Media & Communication	  	Writer, Editor, Communication Strategist
Social Work & NGOs	   	Social Worker, Project Coordinator, Community Outreach Officer
Sports & Wellness	  	Sports Psychology Assistant, Performance Coach, Wellness Consultant



# MA Psychology

## 2-Year Degree Programme

A Master's programme in Psychology is a postgraduate-level academic programme that aims to provide advanced training in various domains of psychology. It covers foundational topics including Paradigms in Psychology, Culture and Psychology, Workplace Communication, Tools and Techniques of Professional Psychology, Dissertation and Cognitive Neuroscience along with contemporary papers like AI and Human Behaviour, Indian Knowledge system and Behavioural Science and People Analytics. Students culminate their learning through a rigorous dissertation and thesis, integrating theory, research, and application. This scholarly work enhances their analytical, research, and problem-solving skills, preparing them for professional excellence or advanced doctoral studies.

**Duration:** The MA Psychology programme spans 2 years

**Eligibility:** Candidate must have successfully completed a Bachelor's degree from a recognized University. Must qualify CUET-PG/ Any other National Test in the discipline of PG programme.

In case a student has not appeared in any of the above-mentioned entrance examinations, NCU will conduct its own entrance test in the discipline of PG programme.

"The Department of Psychology embraces the **Recognition of Prior Learning (RPL)** initiative by the UGC, acknowledging valuable learning gained beyond formal education. Professionals with relevant experience can have their expertise formally assessed for academic credit and course exemptions. Beginning at the postgraduate level from 2026, RPL opens new pathways for learners to advance their qualifications. This progressive initiative reflects NCU's commitment to inclusive and flexible education.

### JOELL SIINGH

MA Psychology, 2<sup>nd</sup> Year



Being an academic achiever in Clinical Psychology at NorthCap University has been a truly meaningful milestone in my journey of growth and self-discovery. It represents not just academic achievement, but countless hours of reflection, curiosity, and a genuine desire to understand the human mind with depth. This experience taught me that psychology isn't just about studying people, it's connecting with them, holding space for their pain, and learning to heal through awareness and compassion. While being an academic achiever always feels special, what I value most is how this journey has shaped me into a more grounded, reflective, and emotionally attuned individual.

### CHESTA NANDAL

MA Psychology, 1<sup>st</sup> Year



My experience at The NorthCap University was a great experience. The Psychology program helped me see things from a different perspective and encouraged me to question, reflect, and grow. The guidance from my approachable professors, along with engaging discussions, made learning meaningful and enjoyable, shaping how I understand people and myself. What I've really appreciated is that NCU gives you the space to grow in every way, not just academically.

### PARENT TESTIMONIAL

Rashmi Anand, Mother of Siddharth Anand












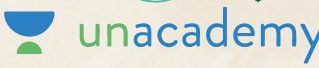

















BA (Hons) Psychology (3rd Year) - A Dean's List Student



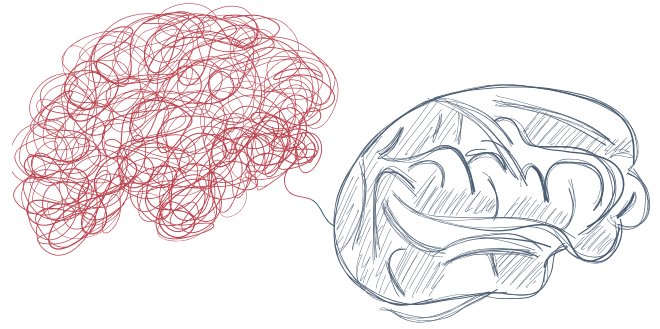
The Department of Psychology at NCU has been a phenomenal help to my son. They have helped him to grow beyond his horizons by expanding his soft-skills, taking care of organizational responsibilities and successfully utilizing academic opportunities. I am thankful for the Faculty Members at the Department for taking care of the students with utmost professionalism and genuine care.

# Career Prospects

## MA Psychology

Industry	Employers	Roles in Demand
Clinical & Health Psychology	    	Psychotherapist (non-RCI), Health Psychologist, Counsellor, Rehabilitation Counsellor
Counselling & Mental Wellness Services	<ul style="list-style-type: none"> <li>NGOs</li> <li>Educational Institutions</li> <li>Private Clinics</li> </ul>	Counselling Psychologist, Wellness Consultant, Family Therapist
Organizational & Industrial Psychology	     	Organizational Psychologist, HR Specialist, Training & Development Manager, Employee Wellness Officer
Educational & School Psychology	 	School Counsellor, Academic Counsellor, Career Counsellor, Assistant Professor (NET Qualified)
Forensic & Criminal Psychology	<ul style="list-style-type: none"> <li>Central Forensic Science Laboratory</li> <li>State Police Departments</li> <li>Prison Rehabilitation Programs</li> </ul>	Forensic Psychologist, Behaviour Analyst, Victim Support Counsellor, Legal Consultant
Sports & Performance Psychology	<ul style="list-style-type: none"> <li>Sports Authority of India</li> <li>Indian Olympic Association</li> <li>Private Sports Academies</li> </ul>  	Sports Psychologist, Mental Conditioning Coach, Performance Consultant
Research & Academia	<ul style="list-style-type: none"> <li>Universities</li> <li>NIMHANS</li> <li>TISS</li> <li>NCERT</li> <li>ICMR</li> </ul>    	Research Fellow, Lecturer, Project Coordinator, Data Analyst
Social & Community Psychology	    	Community Psychologist, Program Manager, Social Impact Researcher
Government & Public Sector Employment	<ul style="list-style-type: none"> <li>UPSC</li> <li>Defence Services</li> <li>Prisons and correction homes</li> <li>Child protection units,</li> <li>Social Welfare Departments</li> </ul>	Counsellor, Psychology (non-RCI), Rehabilitation officer, Welfare officer
Media & Communication Psychology	   	Media Psychologist, Behavioural Research Analyst, Communication Strategist
Rehabilitation & Disability Services	National Institute for Empowerment of Persons with Disabilities (NIEPID), NGOs, Hospitals 	Rehabilitation Psychologist, Clinical Coordinator, Behaviour Therapist

## Specialisations offered at Master's Level



### MA in Clinical Psychology

NCU's MA in Clinical Psychology programme provides comprehensive training in the theories, methods of assessment, and therapeutic techniques essential to the practice of clinical psychology. Programme offers a balanced blend of foundational and contemporary courses designed to build both theoretical depth and practical expertise. Foundational courses like Human Growth and Development, Psychopathology, and Psychodiagnostics provide a strong understanding of human behavior, mental health, and assessment techniques. Contemporary papers such as Psychological Disorders in the Contemporary World, Community Rehabilitation, and Expressive Therapeutic Approaches equip students to address modern mental health challenges with innovative, evidence-based interventions. Courses like Clinical Psychology and Psychotherapies and Skills and Professional Ethics in Clinical Practice foster professional competence and ethical awareness. Together, these courses prepare learners to become compassionate, skilled, and culturally sensitive mental health professionals ready to make meaningful contributions to society.



Mock Counselling Section

### MA in Applied Psychology

The Applied Psychology programme offers a rich blend of foundational and contemporary courses that prepare students for diverse professional pathways. Core papers like Educational Psychology, Advanced Health Psychology, Sports Psychology, and Forensic Psychology strengthen theoretical understanding and applied skills across key domains. Contemporary courses such as Applications of Positive Psychology, Psychology in Disaster Management, Psychology of Social Justice, and Psychosocial Understanding of Gender expose students to emerging global and societal issues. This holistic curriculum nurtures empathy, critical thinking, and problem-solving abilities. Graduates are equipped to make meaningful contributions in education, healthcare, sports, community development, and policy-making sectors.

## MA in Organisational Behaviour

The Organisational Behaviour programme offers an engaging mix of foundational and contemporary courses designed to develop future-ready professionals. Foundational courses like Organizational Psychology: Know Your Employees, HR Practices at Workplace, and Industrial Psychology and Employee Relations build a deep understanding of workplace behavior, motivation, and management dynamics. Contemporary courses such as New Age Leadership, Diversity, Inclusion and Equity, and Competency Mapping and Workplace Assessment address evolving organizational challenges and global workforce trends. With applied learning through Employee Engagement and Job Satisfaction and insights into Deviant Behaviors at Workplace, students gain practical tools to enhance employee well-being and productivity. Studying these courses empowers learners to become strategic, empathetic, and innovative leaders in today's dynamic professional landscape.



Student-led 'Board of Gratitude' Initiative on World Mental Health Day

## PhD Psychology

The PhD programme in Psychology at NCU provides an immersive and rigorous academic experience for individuals who are interested in understanding the complexities of human behaviour. This advanced degree combines coursework, research, and practical training to provide students with the essential knowledge and skills in the field. Thus, a PhD programme in psychology not only trains future scholars and researchers but also prepares scholars to make significant contributions to society by addressing complex psychological issues, improving mental health outcomes, and further emphasizing the need for evidence-based practices and policies in areas such as Social, Psych oncology, Developmental Psychology, AI, and Forensic Psychology.



A Visual Showcase of State-of-the-art Psychology Lab & Testing Apparatus

# Mind Masters, The Architects of Psychology

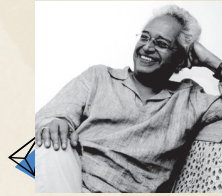
## The Psychology Wall of Fame at NCU



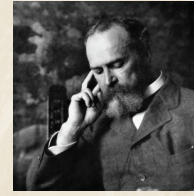
Carl Rogers



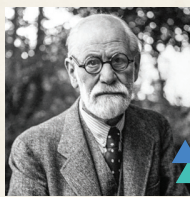
Martin Seligman



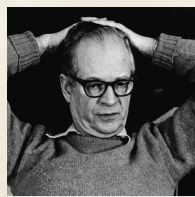
Sudhir Kakkar



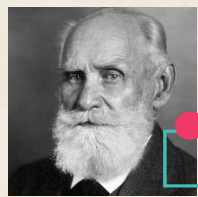
William James



Sigmund Freud



BF. Skinner



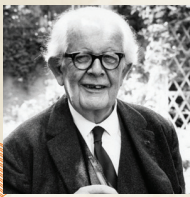
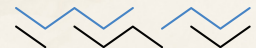
Ivan Pavlov



Karen Horney



*A tribute to the visionary thinkers who have shaped the field of psychology, our wall of fame celebrates pioneers whose groundbreaking research and innovative ideas have built the foundations of our understanding of the human mind. Their contributions have profoundly impacted mental health practices, educational methods, and our overall comprehension of human nature. These trailblazers' enduring legacy inspires current and future generations to push the boundaries of knowledge and strive for deeper insights into the human experience.*



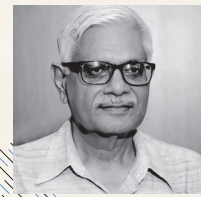
Jean Piaget



Alfred Adler



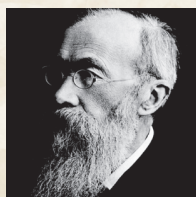
Aaron Beck



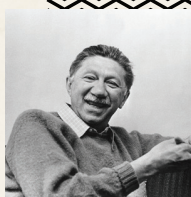
Girishwar Misra



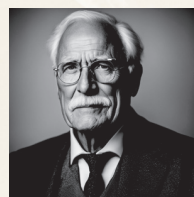
Alfred Binet



Wilhelm Wundt



Abraham Maslow



Carl Jung

# Industry Partners Driving Internship and Career Opportunities

Collaborations with renowned organisations and institutions provide our psychology students with invaluable real-world exposure, hands-on training, and pathways to impactful careers by bridge classroom learning with practical experience.

## **Vidyasagar Institute of Mental Health and Neuro Allied Sciences (VIMHANS):**

This partnership offers short-term and long-term Clinical Psychology internships in Psychiatry OPD, Adult and Child Psychology, Rehabilitation, and therapeutic interventions. Students also engage in psychoeducation, contributing to their professional competence in mental health care.

## **Moolchand Medicity**

**Hospital:** A strategic partnership with Moolchand Medicity offers psychology students hands-on clinical exposure in diagnosis, note-taking, rapport building, and OPD interactions. This immersive training bridges theory and practice, strengthening their competence, empathy, and readiness to address diverse mental health challenges.

**Artemis Hospital:** This partnership allows MA students from Clinical Psychology to gain practical exposure through long-term internships, focusing on OPD practices and complex case management. It bridges academic rigor with clinical experience, preparing students for impactful careers in mental health.

**Manipal Hospital:** Our partnership with Manipal Hospital offers students exposure to healthcare practices through expert talks, sensitisation sessions, and health camps. This collaboration enables a deeper understanding of mental health within a medical framework.

**NeoFusion Creative Foundation:** Through this partnership, NCU students lead workshops in underfunded schools, enriching the lives of children through creative and extracurricular activities, while enhancing their own skills in facilitation and engagement.

**Gurujal Society:** NCU students and faculty collaborate with Gurujal to participate in rural development and water conservation initiatives under Unnat Bharat Abhiyan. Workshops on sustainable development goals provide additional learning and awareness opportunities.

**Prachyesta – Ek Prayaas:** A formal partnership with this NGO fosters student involvement in societal betterment by teaching underprivileged children. This collaboration strengthens students' empathy, communication, and teaching skills while making a meaningful difference.

These partnerships embody NCU's commitment to integrating academic excellence with meaningful professional pathways, ensuring students are prepared to lead and innovate in the field of psychology.



**Agreement with Moolchand Hospital**



**MoU with Artemis Hospital**

# Professors of Eminence

The Department of Psychology at The NorthCap University takes pride in its strong industry connections, bringing leading psychology professionals and experts straight to the classroom. Through interactive sessions, workshops, and mentorship programs, students and faculty receive invaluable real-world insights and continuous professional guidance. This dynamic engagement ensures our learners stay ahead of emerging trends, preparing them to excel in diverse psychological and professional settings.



## **Dr. Jitendra Nagpal**

Seasoned psychiatrist and senior consultant at Moolchand Medicity with over 20 years of experience, specialising in mental health transformation and providing expert guidance through media and corporate stress management sessions.

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## **Dr. Anand Prakash**

A distinguished academician and former Head of Psychology at Delhi University, with over 40 years of expertise in Organisational Behaviour, Social Psychology, and Qualitative Research. A Fulbright Scholar and Young Scientist Awardee, he has held key roles in academia and national academic bodies, shaping the field of psychology.

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## **Dr. Karuna Mehta**

An Associate Professor of Psychology (retd.), taught for over 40 years. She holds a BA, MA (1975), and PhD in Experimental Psychology (1988) from Delhi University, with interests in educational, counselling, social, and experimental psychology.

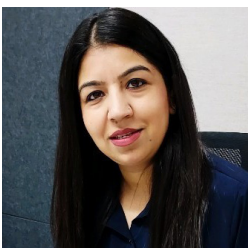
# Members of the Board of Studies



## **Dr. Parul Bansal**

Professor at Lady Shri Ram College for Women, India's premier Liberal Arts College, affiliated to the University of Delhi; 20 years of experience.

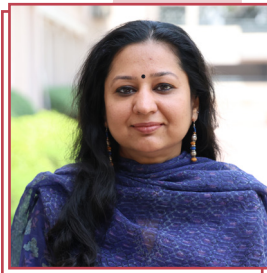
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## **Shruti Chhabra**

HR professional with 21 years of experience in HR & OD consulting and founder of Saina Human Capital Advisory Services.

# Intellectual Capital



## DR. NEHA JAIN

Head of Department, Associate Professor, PhD, IIT Delhi

Specialisation - Organisational Behaviour, Social Psychology, Positive Psychology.

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## DR. SAMIKSHA JAIN

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# Hands-on Learning for Future Clinicians

## Workshop on “The Interface between Contemporary Mental Health Disorders and the Role of Projective Tests (Rorschach Ink Blot Test)”

Our postgraduate psychology students immersed themselves in an experiential two-day clinical workshop organised by the Department of Psychology, NCU in collaboration with Moolchand Medicity.

Led by eminent experts – Dr. Jitendra Nagpal, Ms. Swati Saxena, and Ms. Jasmine Arora – students explored real-world mental health issues, learned the Exner Comprehensive Method, and practiced interpreting authentic Rorschach protocols.

The Rorschach Ink Blot Test remains a cornerstone in clinical psychology for unveiling deep-seated emotions, thought patterns, and personality traits that often lie beyond conscious awareness.

It enables clinicians to understand underlying conflicts, coping mechanisms, and emotional functioning, crucial for accurate diagnosis and effective treatment planning.

By mastering this projective technique, students acquire a powerful diagnostic skill that refines their ability to interpret complex human behavior with empathy and scientific rigor.



This enriching experience honed their diagnostic precision, ethical understanding, and interpretative insight, preparing them for professional excellence in the field of clinical psychology.

At The NorthCap University, we empower future psychologists to be empathetic, practice-ready, and impactful mental health professionals.



# Leaders on Campus



**Amit Sinha Roy**

VP - Global Head,  
Strategic Alliances,  
Tata Communications



**Aman Nath**

Co-Founder  
& Chairman,  
Neemrana Hotels



**Rocky Mohan**

Brand Custodian,  
Old Monk  
Founder, Chef Pin



**Mussarat Hussain**

Head - HR, Suzuki  
R&D Center India



**Rashmi Mohanty**

CFO,  
SBI Cards



**Dr. Kiranpreett Kaur**

CHRO,  
CPM India



**Alok Lall**

Senior Leader,  
Microsoft India  
& South Asia



**Biswajit Bhattacharya**

Partner & Automotive  
Industry Leader, IBM  
India & South Asia



**Mahesh Kanchan**

Marketing Director,  
India & Neighbouring  
Countries, Bacardi



**Durr-e-Afshan**

Dy. VP HR,  
HDFC Ergo  
General Insurance



**Shalvi Chitkara**

Senior VP - COO,  
Data & AI, Genpact



**Deepak Dobriyal**

Senior VP,  
Global Talent  
Management,  
Birlasoft



**Kiran Yadav**

Chief People Officer,  
Canara HSBC  
Life Insurance



**Pavan Desiraju**

Director - People  
Partner, Sandisk



**Monisha James**

VP HR,  
PNB MetLife



**Himanshu Joshi**

Head, Direct & EDM,  
HDFC Life



**Anupam Shrivastava**

Former Chairman  
& Managing  
Director, BSNL



**Neetu Sidana Thapliyal**

Director & Head, HR  
Forvis Mazars Group



**Kaushik Chakraborty**

Chief People Officer,  
Savills India

# Eminent Visitors at NCU



Late Dr. A.P.J. Abdul Kalam, Former President of India  
at the NCU Campus



Shri. Bandaru Dattatraya,  
Former Governor of Haryana



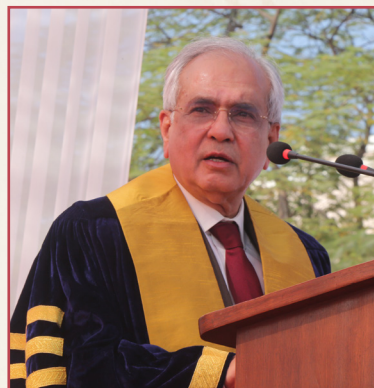
Prof. Kaptan Singh Solanki,  
Former Governor of Haryana



Late Shri. Jagannath Pahadia,  
Former Governor of Haryana



Justice Dipak Misra  
Former Chief Justice of India



Dr. Rajiv Kumar  
Former Vice-Chairman,  
NITI Aayog



Dr. Praveer Sinha  
CEO & Managing Director,  
The TATA Power Company Ltd.

# Masterclasses at NCU



**Apurva Chamarla**  
Head of Startups & Venture  
Capital, Google India



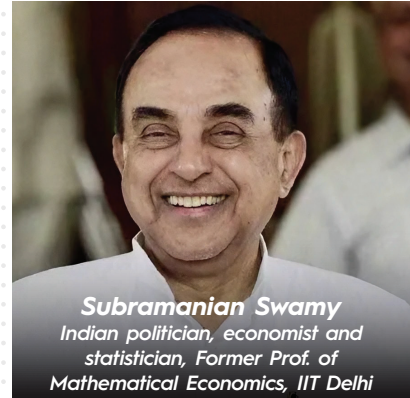
**Adil Nargolwala**  
Corporate SVP-HR, Head Talent  
Acquisition, WNS



**Shoma Chaudhury**  
Indian journalist, Editor, and  
Political Commentator



**Rashmi Narang**  
Founder & Creative Director  
Heads Up For Tails



**Subramanian Swamy**  
Indian politician, economist and  
statistician, Former Prof. of  
Mathematical Economics, IIT Delhi



**Gaurav Sarup**  
Director - ESG, Carbon & Social  
Performance, Vedanta Resources Limited



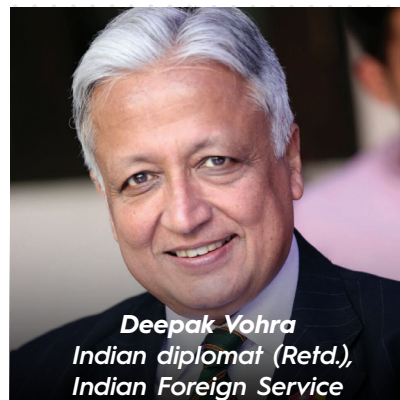
**Dr Ranjana Kumari**  
Indian Social Activist, Writer, and  
Academic, Centre for Social Research



**Nitin Pai**  
Co-founder and director  
Takshashila Institution



**Priiti Chopra**  
Asst. Vice President, Banking &  
Capital Markets, Genpact



**Deepak Vohra**  
Indian diplomat (Retd.),  
Indian Foreign Service



**Justice Gita Mittal**  
Former Chief Justice,  
Jammu & Kashmir High Court



**Sanjeev Bikhchandani**  
Founder and Executive Vice  
Chairman, Info Edge



**Ambi M G Parameswaran**  
Brand Strategist and Founde,  
Brand-Building.com



**Dr. Rakesh Godhwani**  
Founder, School of  
Meaningful Experiences

# RESEARCH SCHOLARS



Several scholars are enrolled for the PhD program under the Department of Psychology. Topics of PhD are diverse in nature, ranging from fields of Social, Cognitive, Developmental to Psych oncology, Forensic, etc. Few scholars, along with their topics, are mentioned below:



## SANJOG GILL

**Title of Research:**

Cyberchondria, Healing and Revenge Body: An Explorative, Comparative Study of Psycho Social Coping of Breast Cancer Patients Across Age Groups and Healthcare Settings in Delhi NCR



## MALLIKA SHARMA

**Title of Research:**

The Silent Struggle: A Qualitative Study On Psychological, Cultural And Relational Factors Influencing Female Sexual Dysfunction In Delhi NCR

# AASTHA GUPTA

Title of Research:

Psychosocial Risk Mapping Of Recidivism: A Qualitative Study On First-Time Murder Convicts In Delhi NCR Prisons



# TANISHKA REDHU

Title of Research:

A Comparative Assessment of Psychological Dimensions among Cancer Patients of Government and Private Hospitals: An Analysis of Thanatophobia, Resilience, Emotional Granularity, and Quality of Life



# HARSHITA JHA

Title of Research:

Understanding Psychosocial Antecedents of Green Purchase Behaviour in Skincare Industry in the Indian Context



# GAURI CHADHA

Title of Research:

Enhancing Interoceptive Awareness and Emotional Regulation through Mindfulness-based Intervention to Mitigate Problematic Internet Use in Individuals with Alexthymia



## Glimpses of Departmental Events

The Department of Psychology hosts a vibrant series of workshops, expert talks, field visits, and immersive learning sessions that bring classroom concepts to life. Each session is thoughtfully designed to blend theory with hands-on exposure—whether through clinical workshops with leading hospitals, mentoring by eminent psychologists, field trips to real-world institutions, or interactive skill-building activities. These events not only deepen students' academic understanding but also enhance their practical competence, confidence, and professional readiness. By engaging with industry experts, diverse communities, and live case scenarios, students gain invaluable insights into human behaviour and mental health, making their learning journey holistic, experiential, and future-focused.



**Dr. Jitendra Nagpal, Ms. Aditi Misra, Director, DPS Gurugram;  
Dr. Aruna Broota, at NCU**



**Mentoring session by Dr. Anand Prakash**



**Short-Term Essentials for Psychological Skills (STEPS) 2025**



The Interface between Contemporary Mental Health Disorders and the Role of Projective Tests



Mental Health Awareness Programme



Beyond the Couch - Exploring Careers in Clinical Psychology Mentoring session with Dr. Shweta Sharma



Visit to NeoFusion Creative Foundation



Visit to Ananda Sangha, Gurugram



Visit to ALAP Center, Gurugram

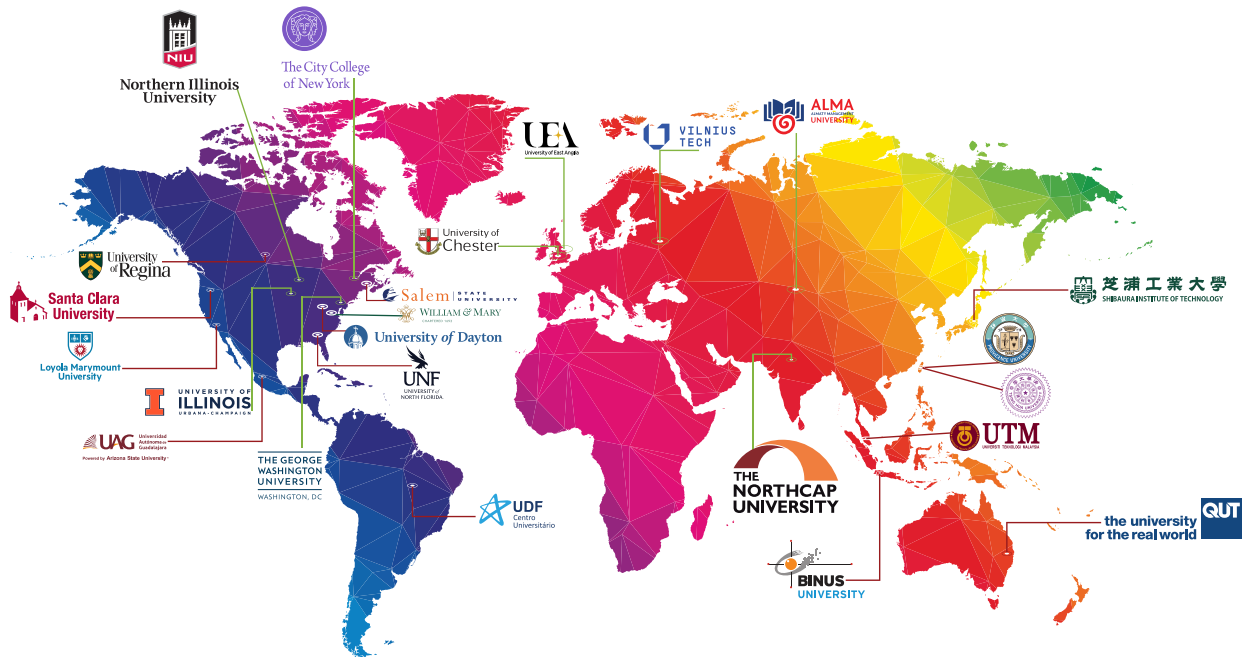
# NCU's International Relations Office (IRO)

## Co-teaching, Immersion, Student & Faculty Mobility and Research

NCU is proud to have partnered with 30+ reputed institutions from across the world based on four pillars embracing India's New Education Policy (NEP) 2020: Digital-First, Innovation, Internationalisation and Organisational Readiness. The university has signed a number of MoUs and has entered into many collaborative partnerships with international universities to promote:

- Exchange of information, experience & culture
- Student exchange programmes
- Short and long-term exchange of faculty members
- Collaborative research
- Summer internship & immersion programmes for students
- Dual degrees

## NCU's Global Education Partners





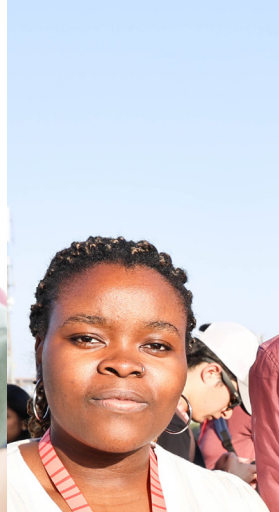
## Global Immersion at NCU

At The NorthCap University, global learning is a core pillar of our academic philosophy. Every year, we design and host a series of international immersion programmes that offer students and partner universities a meaningful blend of academics, research exposure, and cultural discovery. These curated experiences help participants understand India's rapidly evolving knowledge ecosystem while fostering long-term global collaborations.

One such flagship initiative is India Odyssey, organised by NCU's International Relations Office for students from the University of North Florida (UNF), USA. The programme was crafted to provide a transformative journey, combining classroom-based learning with real-world insights and immersive cultural engagement.

During the programme, participants attended expert-led academic sessions, interacted with researchers, and visited key institutions and industry partners to understand India's technological, business, and policy landscape. These curated interactions offered a nuanced perspective on innovation, sustainability, and emerging opportunities in the Indian context.

Beyond academics, the students experienced India's diverse cultural fabric. From exploring historic monuments and contemporary architecture to navigating bustling markets, trying



regional cuisines, and participating in traditional art forms, the cohort witnessed the vibrancy, warmth, and richness of Indian culture firsthand.

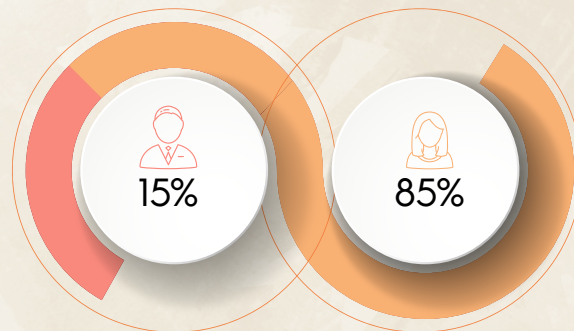
Programmes like India Odyssey exemplify NCU's commitment to building globally competent learners. By bringing together academic exchange, cultural immersion, and collaborative learning, these initiatives strengthen international partnerships and nurture a deeper appreciation of India's academic, industrial, and cultural landscape.





## A Safe, Inclusive Campus for Everyone

At NCU, we prioritise nurturing female talent and strongly support advancing education opportunities for women.



Department of Psychology  
BA and MA Programmes

## Zero Tolerance for Ragging

At NCU, we take immense pride in maintaining a campus that is both safe and inclusive for all students. With a strict zero-tolerance policy towards ragging, we ensure a supportive and respectful environment where every individual is valued. Our commitment to fostering a culture of respect, safety, and camaraderie allows students to thrive academically, socially, and personally, making NCU a place where every voice is heard and every student feels welcome.

## Scholarships and Fee Concessions

The NorthCap University is deeply committed to upholding the 'Right to Education' for all students, ensuring that no one faces barriers in their academic journey. We are dedicated to providing merit-based scholarships, fee concessions, and financial support each term, enabling students to pursue their educational goals without difficulty. Our mission is to empower students to achieve their aspirations, equipping them to succeed in today's competitive job market and to become responsible global citizens.

Each year, we celebrate the achievements of our top-performing students and offer fee concessions and financial aid to those from diverse socio-economic backgrounds. Students who make it to the Dean's List are also recognised and rewarded with scholarships.

Programme	Annual Fee for Indian Students (INR)			Annual Fee for Child/Ward of NRI/International Students (INR)
	TUITION FEE	DEVELOPMENT FEE	TOTAL ANNUAL FEE	ANNUAL FEE
BA (Hons) Psychology	1,00,000	25,000	1,25,000	1,88,000/-
MA Psychology	1,32,000	33,000	1,65,000	2,87,000/-
PhD Psychology		1,06,000		1,33,000/-

# An Exhilarating Campus Experience

## A Campus that Inspires Creativity



An incredible campus experience awaits you at The NorthCap University. Make best use of the opportunity to engage in a full-campus experience. Discover your talent, hone your skills and partake in an exciting campus life.

NCU offers you a place to meet people from different backgrounds, join exciting clubs and societies, engage in various fests, competitions and events and get involved in volunteering, sporting and cultural activities. Student satisfaction is our end goal, and we keep upgrading facilities and technology so our students can achieve their education, career, and personal goals, and become active members of the community at large.

Our bustling campus life is a testament of NCU's vibrant, welcoming, inclusive and safe campus life. **Come, discover your passion as part of our community of 3500+ students and 15,000+ alumni.**

## The Only University in Gurugram's City-centre Offering a Holistic Educational Experience





Formerly ITM University, Gurugram

Sector 23-A, Gurugram - 122017

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Admissions Hotline: 93113 00803

Email: [psychologydept@ncuindia.edu](mailto:psychologydept@ncuindia.edu) | [admissions@ncuindia.edu](mailto:admissions@ncuindia.edu)

[www.ncuindia.edu](http://www.ncuindia.edu)

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